



20 Study Tips

To incorporate into your learning process

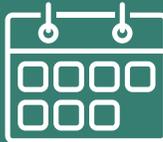
1 Go to class and understand your syllabi



2 Set timelines for getting things done



3 Create a study schedule



4 Eliminate distractions & silence phones



5 Review notes regularly



6 Take frequent, small breaks. Set timers for 45-50 minutes of study followed by a 5-10 min break.

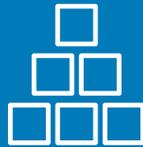
7 Master general concepts and connections first, then move on to details

8 Space out study throughout the day and week



9 Create or join a study group and practice teaching material to others

10 Reorganize notes after class or reading



11 Summarize notes in your own words



12 Map or visually organize big ideas and details



13 Skim the material before diving into reading to get the big picture

14 Take notes while reading to stay focused



15 Create possible test questions while reading



16 Summarize paragraphs or chapters in your own words

17 Review old exams



18 Study the most important or difficult information first

19 Use flashcards to test for understanding and mastery of content

20 Schedule an appointment with an Academic Resources staff member