

ACCESS TO NUTRITIOUS FOODS

ON-CAMPUS SUPPORT

PHYSICAL RESOURCE CENTER

Open to all CWRU students. Open Monday and Thursday from 4pm to 7pm and Saturday from 12pm to 4pm. Located in Carlton Commons (11892 Carlton Road). [Verify hours for the Physical Resource Center here.](#)



FREE LITTLE FOOD PANTRY

Open to all CWRU students. Open 24/7 on the Front Porch of Bellflower Hall (1427 Bellflower Road).

OMA FOOD PANTRY

Open to all CWRU students. Open Monday through Friday 9am to 5pm. Located at Sears Hall Room 409 (2083 MLK Jr. Drive). Call 216.368.2904 with any questions.

FEEDING SUCCESS - LUNCH BOX INITIATIVE

Open to off campus CWRU students. Located in the Thwing Center Room 083 (off-campus lounge). Open Monday through Friday 11am to 2pm. Provides shelf-stable food items during lunchtime. Call 216.368.7564 with any questions.

OFFICE OF GRADUATE STUDENT LIFE FOOD PANTRY

Open to CWRU graduate and professional students. Located in Tomlinson Hall Room 216 (2121 MLK Jr. Drive). Open Monday thru Friday 11am to 2pm by appointment only. Call 216.368.4802 to schedule an appointment.

SWIPE OUT HUNGER

Students who are struggling with food security or consistently accessing nutritious foods may [request up to three meal swipes per semester](#) that can be used at Leutner Commons or Fribley Commons. A member of the Dean of Students Office will review your request.

STUDENT EMERGENCY FUND

Available to assist CWRU students who encounter an unforeseen financial emergency or event which would otherwise prevent them from continuing their education at CWRU. Can assist with rent, groceries, utilities, and other essential household expenses. To learn more about eligibility and to apply, [submit a Student Emergency Fund Application here.](#)



ACCESS TO NUTRITIOUS FOODS

OFF-CAMPUS SUPPORT – FOOD PANTRIES

CHURCH OF THE COVENANT

From Tinkham Veale University Center: 4 minute drive, 9 minute walk, 6 minute transit
Located at 11205 Euclid Avenue Cleveland OH 44106. Open to students Monday thru Friday 9am to 4:30pm. For emergency food, call 216.421.0482.

NORTH UNION FARMERS MARKET

Has markets throughout Cleveland area including University Hospitals, Cleveland Clinic Main Campus, Chagrin Falls, Legacy Village, Sunset Market at Van Aken District, Crocker Park, and Shaker Square. University Hospitals Market is open on Thursdays from June 2nd to September 29th from 10:30am to 1:30pm. Located at 2071 Adelbert Road Cleveland OH 44106 (directly across from Adelbert Hall). Cleveland Clinic Main Campus Market is open on Wednesdays from June 1st to October 19th from 10:30am to 1:30pm. During the winter, the Crocker Park and Van Aken District markets remain open. [To learn more about hours and locations, see the North Union Farmers Market website here.](#)

**CALVARY LUTHERAN CHURCH**

From Tinkham Veale University Center: 5 minute drive, 28 minute walk, 15 minute transit
Located at 13101 Euclid Ave East Cleveland OH 44112. Open Thursdays from 3:00pm to 5:00pm. Call 216.451.1151 ahead of attending.

MT. NEBO MISSIONARY BAPTIST

From Tinkham Veale University Center: 6 minute drive, 27 minute walk, 17 minute transit
Located at 12919 Superior Ave East Cleveland OH 44112. Open every 4th Friday from 8am to 12pm. Call 216.761.3133 with any questions.

BETHANY BAPTIST CHURCH

From Tinkham Veale University Center: 6 minute drive, 27 minute walk, 17 minute transit
Located at 1211 East 105th Street Cleveland OH 44108. Open every fourth Saturday from 9:00am to 11:00am and the 3rd Saturday in November and December. Call 216.791.2673 with any questions.

EAST MOUNT ZION BAPTIST CHURCH

From Tinkham Veale University Center: 7 minute drive, 20 minute walk, 10 minute transit
Located at 9990 Euclid Avenue Cleveland OH 44106. Open every fourth Saturday from 8:45am to 10:45am except for Thanksgiving and Christmas. Call 216.231.0284 with any questions. To be eligible for the current month, call LIFELINE at 216.231.0284 the second Monday of each month. The call-in time is 9:00am to 11:30am. Calling in puts your name on the list to receive food.

FR. MIKE WITTMAN OZANAM CENTER

From Tinkham Veale University Center: 7 minute drive, 39 minute walk, 15 minute transit
Located at 13824 Euclid Ave East Cleveland OH 44112. Open every Saturday from 10am to 12pm except any major holidays. Call 216.231.0284 with any questions.

CORY HUNGER CENTER

From Tinkham Veale University Center: 7 minute drive, 33 minute walk, 17 minute transit
Located at 1117 East 105th Street Cleveland OH 44108. Open Tuesday from 10am to 3pm. Call 216.310.3619 ahead of attending.

EMMANUEL CHRISTIAN CHURCH

From Tinkham Veale University Center: 7 minute drive, 38 minute walk, 20 minute transit
Located at 8201 Superior Ave Cleveland OH 44103. Open the last Saturday of the month from 10am to 12pm. Call 216.795.0910 with any questions.

STARLIGHT BAPTIST CHURCH

From Tinkham Veale University Center: 7 minute drive, 51 minute walk, 23 minute transit
Located at 14516 Euclid Avenue East Cleveland OH 44112. Open the fourth Wednesday from 3pm to 5pm. Call 216.541.6825 with any questions.

ST. MARTIN DE PORRES FAMILY CENTER

From Tinkham Veale University Center: 7 minute drive, 29 minute walk, 25 minute transit
Located at 1264 East 123rd Street Cleveland OH 44108. Food Pantry is held every 3rd Tuesday and Wednesday of each month from 9:00am to 12:00pm. Serves residents of 44106, 44108, 44110, and 44112. Clients must show proof of residency and photo identification. Call 216.231.0284 with any questions.

FAMICOS FOUNDATION

From Tinkham Veale University Center: 8 minute drive, 24 minute walk, 15 minute transit
Located at 8555 Hough Avenue Cleveland OH 44106 (NORA Building). Open every third Monday of the month from 10am to 12pm. Call 216.791.6887 with any questions.

ABUNDANCE FOOD PANTRY

From Tinkham Veale University Center: 8 minute drive, 52 minute walk, 20 minute transit
Located at 3031 Monticello Blvd Cleveland Hts OH 44118. Open every Tuesday from 10:30am to 1:00pm. Call 216.321.2660 with any questions.

D'JAKES COMMUNITY RESOURCES

From Tinkham Veale University Center: 8 minute drive, 53 minute walk, 26 minute transit
Located at 14715 Euclid Avenue East Cleveland OH 44112. Open last Thursday of the month from 10am to 12pm. Call 216.486.8464 with any questions.

CALVARY PRESBYTERIAN CHURCH

From Tinkham Veale University Center: 9 minute drive, 37 minute walk, 16 minute transit
Located at 2020 East 79th Street Cleveland OH 44103. Open the third Saturday of the month from 8am to 9:30am. Call 216.391.8448 with any questions.

TWO FISH FIVE LOAVES

From Tinkham Veale University Center: 9 minute drive, 50 minute walk, 16 minute transit
Located at 2490 Lee Blvd Suite 219 Cleveland OH 44118. Open the third Monday from 12pm to 2pm and the third Saturday from 10am to 12pm. By appointment only. Call 216.972.6172 to make an appointment.

ST. JAMES FOOD CLOSET

From Tinkham Veale University Center: 9 minute drive, 35 minute walk, 20 minute transit
Located at 8401 Cedar Avenue Cleveland OH 44103. Open the third Friday from 12pm to 2:30pm. Call 216.231.3562 with any questions.

SALVATION ARMY – EAST CLEVELAND CORPS

From Tinkham Veale University Center: 9 minute drive, 54 minute walk, 26 minute transit
Located at 1507 Doan Ave East Cleveland OH 44112. Open Monday thru Friday from 9:00am to 11:30am. Call 216.249.4334 with any questions.

ST. TIMOTHY MISSIONARY BAPTIST CHURCH

From Tinkham Veale University Center: 10 minute drive, 46 minute walk, 20 minute transit
Located at 7101 Carnegie Avenue Cleveland OH 44103. Open the last Thursday from 9:30am to 1:30pm and the last Friday from 9:30am to 1:30pm. Closed in August. Call 216.391.0064 with any questions.

MANNA HOUSE RECOVERY AND RESOURCE CENTER

From Tinkham Veale University Center: 10 minute drive, 40 minute walk, 21 minute transit
Located at 8021 Cedar Ave Cleveland OH 44103. Open the third Saturday from 2pm to 4pm. Call 216.432.2598 with any questions.

OLIVET INSTITUTIONAL BAPTIST CHURCH

From Tinkham Veale University Center: 10 minute drive, 43 minute walk, 21 minute transit
Located at 8712 Quincy Ave Cleveland OH 44106. Open the third Saturday from 10am to 12pm. Call 216.721.3585 with any questions.

DELTA ALPHA LAMBDA FOUNDATION

From Tinkham Veale University Center: 10 minute drive, 48 minute walk, 21 minute transit
Located at 2820 East 116 Street Cleveland OH 44120. Open the first Wednesday from 10am to 1pm. Call 216.256.6412 ahead of attending.

FATIMA FAMILY CENTER

From Tinkham Veale University Center: 10 minute drive, 45 minute walk, 22 minute transit
Located at 6600 Lexington Ave Cleveland OH 44103. Open the fourth Tuesday from 11:30am to 1:00pm. Call 216.391.0505 with any questions.

MT. GILLION MISSIONARY BAPTIST CHURCH

From Tinkham Veale University Center: 10 minute drive, 48 minute walk, 22 minute transit
Located at 7025 Cedar Avenue Cleveland OH 44103. Open on the second Saturday from 9am to 11am. Call 216.673.4408 with any questions.

ST. ALOYSIUS CHURCH

From Tinkham Veale University Center: 10 minute drive, 51 minute walk, 24 minute transit
Located at 10932 St. Clair Avenue Cleveland OH 44108. Open the fourth Saturday from 9am to 11am. Call 216.451.3262 with any questions.

GOD'S HOUSE OF PRAYER

From Tinkham Veale University Center: 11 minute drive, 53 minute walk, 20 minute transit
Located at 2632 Woodhill Rd Cleveland OH 44104. Open the third Saturday from 8:30am to 12:00pm. Call 216.229.5606 with any questions.

ACCESS TO NUTRITIOUS FOODS**OFF-CAMPUS SUPPORT – HOT MEALS****CHURCH OF THE COVENANT**

From Tinkham Veale University Center: 4 minute drive, 9 minute walk, 6 minute transit
Located at 11205 Euclid Avenue Cleveland OH 44106. Free community meal on the last

Thursday of the month from 5:30pm to 7:00pm. Lower patio level off Euclid parking lot of Church of the Covenant.

MT. ZION CONGREGATIONAL UCC

From Tinkham Veale University Center: 5 minute drive, 12 minute walk, no transit
The community meal is held on the last Saturday of the month at 12:00pm. Located at 10723 Magnolia Drive Cleveland OH 44106. Call 216.791.5670 with any questions.

ST. MATTHEW UNITED METHODIST

From Tinkham Veale University Center: 7 minute drive, 27 minute walk, no transit
Held on the second Saturday of the month from 12pm to 1pm. Located at 8601 Wade Park Avenue Cleveland OH 44106. Call 216.408.5284 with any questions.

MT. NEBO MISSIONARY BAPTIST CHURCH

From Tinkham Veale University Center: 7 minute drive, 33 minute walk, 21 minute transit
Held on Fridays from 5:00pm to 6:00pm. Located at 12701 Superior Avenue East Cleveland OH 44112. Call 216.761.3133 with any questions.

CORY KITCHEN

From Tinkham Veale University Center: 8 minute drive, 32 minute walk, 16 minute transit
Held on Tuesdays from 4:30pm to 5:30pm. Located at 1117 East 105th Street Cleveland OH 44108. Call 216.451.0460 with any questions.

LIBERTY HILL BAPTIST CHURCH

From Tinkham Veale University Center: 9 minute drive, 33 minute walk, 15 minute transit
Held on the third Saturday from 11am to 1pm. Located at 8206 Euclid Avenue Cleveland OH 44103. Call 216.791.5841 with any questions.

FAITH BASED INITIATIVE

From Tinkham Veale University Center: 10 minute drive, 46 minute walk, 21 minute transit
Held on the third Monday and fourth Tuesday of the month from 4:00pm to 6:00pm. Located at 10313 Garfield Ave Cleveland OH 44108. Call 216.417.6422 with any questions.

ST. ALOYSIUS CHURCH

From Tinkham Veale University Center: 10 minute drive, 52 minute walk, 22 minute transit
Held on Tuesdays from 5:00pm to 6:00pm. Located at 10932 St. Clair Avenue Cleveland OH 44108. Call 216.451.3262 with any questions.

CHRISTIAN FAMILY OUTREACH

From Tinkham Veale University Center: 10 minute drive, 50 minute walk, 21 minute transit
Held the second Monday, Tuesday, Wednesday, Thursday, and Friday from 3:00pm to 5:00pm. Located at 711 East 105th Street Cleveland OH 44108.

ANTIOCH BAPTISH CHURCH

From Tinkham Veale University Center: 11 minute drive, 31 minute walk, 16 minute transit
Held on Monday from 11am to 12pm, Tuesday from 11am to 12pm, and Thursday from 11am to 12pm. Located at 8869 Cedar Avenue Cleveland OH 44106. Call 216.322.4842 with any questions.

ST. TIMOTHY MISSIONARY BAPTIST CHURCH

From Tinkham Veale University Center: 11 minute drive, 46 minute walk, 20 minute transit
Held on the fourth Wednesday of each month. Breakfast is ready at 10am and lunch begins at 12pm. Located at 7101 Carnegie Avenue Cleveland OH 44103.

MORNING STAR BAPTIST CHURCH

From Tinkham Veale University Center: 12 minute drive, 58 minute walk, 27 minute transit
Held on Wednesdays from 3:00pm to 4:00pm. Closed in August. Located at 10250 Shaker Blvd. Cleveland OH 44104. Call 216.721.7300 with any questions.

EMMANUEL BAPTIST CHURCH

From Tinkham Veale University Center: 13 minute drive, 50 minute walk, 19 minute transit
Held on Wednesdays from 11:00am to 1:00pm. Located at 7901 Quincy Ave Cleveland OH 44104. Call 216.432.2212 with any questions.

ACCESS TO NUTRITIOUS FOODS**OFF-CAMPUS SUPPORT – FINANCIAL SUPPORT****CATHOLIC CHARITIES**

Offers financial assistance in the form of bus tickets or grocery gift cards to cover daily necessities. Also offer services to help families and individuals become self-sufficient. May offer budgeting and financial workshops and may assist those in applying to county and state benefit programs. For 44108, 44110, and 44119 residents, call St. Martin de Porres Family Center at 216.268.3909. For 44103, 44106, and 44108 residents, call St. Philip Neri Family Center at 216.391.4415.

ACCESS TO NUTRITIOUS FOOD**SNAP – Supplemental Nutrition Assistance Program****Eligibility**

Those Eligible:

- Individual living alone or individual living with others but eating separately
- Parents, minor children, and adult children under 22 (must be included in their parents' assistance group) living in same household
- Income is under 130% Federal Poverty Level Guidelines
- Non-citizens who have lived in the US for more than 5 years

Not Eligible:

- | | |
|---|--------------------------------------|
| - Non-citizens who have lived in the US under 5 years | - Parole violator or fleeing felony |
| - Intentional program violators | - Children in foster care |
| - Social security failure | - Individuals in public institutions |
| - Failure to cooperate with JOBS | - Strikers |
| | - Ineligible students |

What SNAP Benefits Can Buy

Can Buy: Fruits and Vegetables, Meat, Poultry, Fish, Dairy Products, Breads, Cereals, other foods such as snack foods and non-alcoholic beverages, seeds and plants that will produce food for the household to eat

Cannot Buy: Alcoholic beverages, Tobacco, Vitamins, Medicine, Supplements, prepared foods for immediate consumption (such as ready to eat wrap, pre-made salad, warm rotisserie chicken), hot foods, nonfood items such as paper products, household supplies, hygiene items, cosmetics, and petfood

Income

Individuals must be under the 130% Federal Poverty Level and then a budget is completed to determine the amount of SNAP allotted. (Gross monthly income of 130% of the federal poverty level)

130% Federal Poverty Level for:

Families of 1: \$1,473
Families of 2: \$1,984
Families of 3: \$2,495
Families of 4: \$3,007

Families of 5: \$3,518
Families of 6: \$4,029
Families of 7: \$4,541
Families of 8: \$5,052

Each additional over 8 is +\$512

Student Exemption

Individuals enrolled in an institution of higher learning at least half time are considered ineligible for SNAP benefits unless they meet one of the following Student Exemptions:

- Expected Family Contribution of Zero
- Eligible for work study
- 17 years or younger
- 50 years or older
- Enrolled fulltime and single parent with a child under 12 years of age
- Physically or mentally unfit to work
- Ohio Works First recipient
- Enrolled through Ohio Works
- Employed or self-employed for a minimum of 20 hours per week
- Participating in On The Job training
- Care of a child between 6-11 years old and adequate childcare

How to Apply

All applications are to be processed within 30 days from the date the agency receives the application. Paper and electronic applications are screened, and appointments are scheduled for SNAP. The intake interviews are completed by phone. Each eligibility program is typically a one-year certification period and will require a reapplication within the 11th month of certification. Adults in a household who are considered able-bodied adults without dependents may be subject to work, education, or training requirements to receive SNAP benefits.

Paper Applications: [JFS SNAP Form 7200](#). Print the application from the website. Complete all information. Submit completed application in mail to local JFS (For Cuyahoga County: 1641 Payne Ave Ste. 520 Cleveland OH 44114.)



Phone Applications: Call 844.640.6446 Monday to Friday 8am to 4pm.

Web Portal Applications: benefits.ohio.gov. Click Apply Now option.

Verification Documentation

| Criteria of Eligibility | How can it be verified? |
|--|--|
| Proof of Social Security Number | Social Security Card |
| Proof of Income | Last 30 days paycheck stubs, tax records, bank statements, employer statements, award letters, w2s, 1099s, or child support notices |
| Identity | State ID/Driver license, voter registration card, US Passport, military ID, or school ID for all household members |
| Citizenship | Birth certificate, citizenship/naturalization documents, green card, employment authorization card, U.S. passport, or military records |
| Proof of residency | Current rent receipt or lease with full legal name and address, letter from landlord verifying residence, a voter registration card, or mortgage records |
| Medical Expenses | For elderly or disabled household members, copies of medical, dental, or mental health care bills and statements. Can also include expenses for prescription drugs, prescription eyeglasses, hearing aids, service animals, prosthetics, or dentures |
| Household Expenses | Mortgage statements, copies of rental receipts, copies of payment for residential housing, proof of homeowner's insurance, or property tax records. Also include copies of basic utility bills – gas, electricity, water, sewer, and telephone bills |
| Proof of any Disabilities | Medical records, documentation of diagnosis, or a letter from your household member's physician outlining the specific disability |
| Proof of School Attendance | School schedule and email from Financial Aid indicating 0 EFC or work-study eligible |
| Any childcare or dependent care costs | Receipts for payments for the actual costs for the care of children or other dependents when necessary for a household member to accept or continue employment, attend training, or pursue education which is preparatory to employment |

You were approved. What now?

Benefit amounts are determined based on household size, expenses, and resources. Household size includes the number of people in your household who purchase and prepare food together. Household expenses include your rent or mortgage, gas, electric, water, sewer, phone, and medical expenses as well as any child support or childcare payments. Household resources include cash, savings, and stocks. The average monthly SNAP payment per recipient is approximately \$246.

Maximum Food Assistance Allotments

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|----------------------|----------------------------------|
| Families of 1: \$281 | Families of 5: \$1116 |
| Families of 2: \$516 | Families of 6: \$1339 |
| Families of 3: \$740 | Families of 7: \$1480 |
| Families of 4: \$939 | Families of 8: \$1691 |
| | Each additional over 8 is +\$211 |

Once you receive your Ohio Direction Card, you must activate it. Call 1.866.386.3071 to activate and create a PIN. You will need your 16-digit number from the front of your card, your social security number, and your date of birth to activate. You will receive your benefit monthly automatically to your card. It will be loaded onto your Ohio Direction Card on a regular assigned date sometime between the first and the 20th of the month.

You can use this card like a debit or credit card where SNAP/EBT is accepted. You can see how much is left on your card at the bottom of your receipt when you check-out or by calling 1.866.386.3071. The Oh SNAP app (free to download on the App Store or Google Play) provides information on SNAP Basics, Applying for SNAP, Keeping SNAP Benefits, Using your EBT Card, more food resources, and SNAP Smart Tips. You can also go to <https://www.joinproviders.com/> or download the free Providers mobile app to see nearby stores and farmers markets that take EBT and check your balance online.