

CHILD CARE AND PARENTING RESOURCES

ON-CAMPUS SUPPORT

ONE TO ONE FITNESS DROP-IN CHILD CARE

Offers appointment-based, drop-in child care solution for students, post docs, faculty, and staff of CWRU. Open weekdays 8am to 5pm to any child fully potty trained. Located at 2130 Adelbert Road on the second level of the facility. Reservations are required in advance and made through our [MINDBODY software system](#). Costs \$4 per hour for CWRU students.



SWEET KIDDLES CHILD CARE

Graduate and professional students at CWRU can enroll their children at Sweet Kiddles Flexible Childcare Centers. Children may be enrolled at any Sweet Kiddles center in Northeast Ohio. The closest site to campus is within the Centric Apartments complex adjacent to Uptown and the Cleveland Institute of Art. CWRU will pay the \$125 annual family membership fee and provide a maximum of \$1000 for child care. Questions, including eligibility, should be emailed to gradstudies@case.edu.



LACTATION ROOMS

[A comprehensive list of lactation rooms can be found here.](#)

OFFICE OF EQUITY

Title IX law requires that no person in the United States, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance. This includes discrimination due to pregnancy, parenting, and related concerns. Contact the Office of Equity at 216.368.3066 or equity@case.edu with any concerns.

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OFF-CAMPUS SUPPORT

HELP ME GROW

Connects families with children birth through age five to local resources helping children grow up healthy and ready to succeed in school. Families who would like more information about Help Me Grow programs should contact 216.930.3322, email hmgreferrals@helpmegrow.org, or [complete the online Help Me Grow referral form](#).




STEP FORWARD

Provides Head Start and Early Head Start programs, which are federally funded and promote the school readiness of children ages birth to 5 from income-eligible families by enhancing their cognitive, social, and emotional development. Programs provide comprehensive services to enrolled children and their families, including health, nutrition, social services, education, and cognitive development services. Need to provide twelve months' worth of income information and proof of age of child applications. Income-based programs based on family size. To apply, [complete the Head Start Preschool Enrollment application online](#) or call 216.589.9922.



GODS VISION FOUNDATION



Addresses some of the eight known contributing factors to healthy infant outcomes through home visits, education, and care coordination. Can also provide a crib, diapers, clothing, and baby hygiene items if available. To qualify for Mom & Babies Program, you need to be 32 weeks pregnant or your baby must be under 2 years old. To qualify for Cribs for Kids program, you have to be at least 32 weeks pregnant or your baby be 6 months of age or younger. [Fill out the Gods Vision Foundation online intake form to get started.](#)

DIAPER BANK GREATER CLEVELAND

If you are pregnant, in need of diapers and additional navigation services, please give us a call for more information at 216.545.1640 or send an email to info@diaperbankgc.org.

REDUCED COST CAR SEATS – UNIVERSITY HOSPITALS


University Hospitals Rainbow Babies & Children's Hospital Injury Prevention Center is dedicated to protecting child passengers throughout Northeast Ohio by aiding parents and caregivers in making important decisions about how best to restrain their child passengers. The Rainbow Injury Prevention Center is able to assist low income families by providing car seats at a cost significantly discounted from retail prices, together with education in installing and using the seats. Proof of government assistance (WIC, HEAP, CHIP, Food Stamps, etc.) is required. Call the Rainbow Car Seat Hotline at 216.844.2277 to receive registration information or email heidi.dolan@uhhospitals.org to connect with the program in Cuyahoga County.

CATHOLIC CHARITIES – BISHOP COSGROVE

From Tinkham Veale University Center: 15 minute drive, 1hour 30min walk, 30 minute transit
Baby formula requests may be made by mothers experiencing financial difficulties. Call 216.781.8262 for support. Located at 1736 Superior Ave Cleveland OH 44114.

JOBS AND FAMILY SERVICES – PREVENTION, RETENTION, AND CONTINGENCY

The Prevention, Retention, and Contingency Program is a critical tool to encourage families to attain and retain employment, prevent dependency, and promote family stability within the context of community priorities and needs. The PRC Program provides nonrecurring, short-term, crisis-oriented benefits, and ongoing services. PRC benefits and services are available to pregnant women and families with children under the age of 18. Applicants must be residents of Cuyahoga County and the total household income must be at or below 200% of the federal poverty guidelines. PRC makes it possible to meet the needs of low-income families through supportive services and/or short-term cash-related payments. [Complete the Prevention, Retention, and Contingency Program Application here.](#) Applicants are required to verify proof of income, minor children, and residency. Submit the application as an attachment to cuy-PRC-application@jfs.ohio.gov.



CUYAHOGA COUNTY BOARD OF HEALTH – BACK TO SCHOOL IMMUNIZATION CLINIC

Kids and teens may need certain immunizations before going back to school in the fall. Call 216.201.2041 to make an appointment. Immunization clinic hours are Monday, Wednesday, and Thursday from 9am to 4pm. Some children may be eligible for low or no cost vaccines if the child is uninsured, underinsured, or on Medicaid.

THE PARENT PROJECT

From Tinkham Veale University Center: 17 minute drive, 1hour 35min walk, 30 minute transit
 Designed to help improve your relationship with your child by learning proven strategies from the mundane to the more difficult circumstance your family may face. Discussion topics include understanding our children, addressing problematic behavior, active supervision, today's media and technology, creating structure, and more. Held on Saturday mornings from 10am to 12:30pm. The content runs in a six week rotation but you can start at any time. Sessions take place at Neighborhood Leadership Institute, 5246 Broadway Avenue, at the historic Broadway United Methodist Church. Contact 216.658.1361 or email cheryl@neighborhoodleadership.org to register.

CHILD CARE AND PARENTING RESOURCES

GOVERNMENT FINANCIAL RESOURCES

JOB AND FAMILY SERVICES – CHILD CARE SUBSIDIES

Ohio receives funds from the federal government for a state-run childcare subsidy program. These programs help low-income families pay for childcare so they can work or attend school. Applicant must be employed, attending an accredited school, or completing a WEP assignment through the OWF Cash or Food Assistance Program. Household gross income must be under the 130% Federal Poverty Limit (gross income of 130% of the federal poverty level). Can take up to 30 days to be processed. [Apply online here for Child Care Subsidies](#). Verification documentation includes:



Child Care Criteria of Eligibility	How can it be verified?
Age and ID	Birth certificate or electronic verification from Social Security Administration
Citizenship	Birth Certificate
Non-Citizenship Status - if applicable	Immigration documents
Qualifying/Approved activity requiring daycare need	Paycheck stubs, Employer statement, SSC/IOP for OWF applications/participants, School schedule, Employee schedule, Client statement
Earned or unearned income	Paystubs, employer statements, self employment ledgers, tax returns, award letters, w2s, 1099s, etc., or electronic verification from IRS or other electronic sources. Cooperation with electronic verification process is a condition of eligibility.
Resources/assets (no more than 1,000,000 in total cash, bank account balances)	Can be self declared

WOMEN, INFANT, AND CHILDREN (WIC) ASSISTANCE

WIC provides nutrition education, breastfeeding education and support; supplemental, highly nutritious foods such as cereal, eggs, milk, whole grain foods, fruits and vegetables, and iron-fortified infant formula; and referral to prenatal and pediatric health care and other maternal and child health and human service programs. Call 330.297.9422 to apply Monday-Friday 8:00am to 4:30pm. [Referrals for WIC can be made online here.](#)



Must make at or below:

Family Size of 1 = \$23,828 annually	Family Size of 5 = \$57,424 annually
Family Size of 2 = \$32,227 annually	Family Size of 6 = \$65,823 annually
Family Size of 3 = \$40,626 annually	Family Size of 7 = \$74,222 annually
Family Size of 4 = \$49,025 annually	Family Size of 8 = \$82,621 annually

TANF – TEMPORARY ASSISTANCE TO NEEDY FAMILIES

Eligibility

Those Eligible:

- Only households with minor children (under 18 years of age) or women in their third trimester are eligible for TANF.
- Children must reside with a parent, specified relative, or legal guardian/custodian.
- Unmarried minor parents and pregnant minors must also be in approved adult-supervised living situations.
- Adults and minor heads of household must participate in work activities.
- Adults and minor heads of households who apply for or receive benefits must sign a self-sufficiency contract.

Not Eligible:

- Adults with no minor children in the home or not in 3rd trimester of pregnancy.
- Individuals who do not sign the self-sufficiency contract.
- Household income exceeds grant amount for assistance group.
- Individuals receiving: SSI income, adoption assistance, foster care payments.
- Individual is a fugitive or parole violator.
- Individual is convicted in a court of law of a fraudulent misstatement of residence.

Work Activity Requirements

All Adult and Minor Head of Household recipients who do not meet an exemption are required to participate in the Work Program. This program provides education, training, and work experience or subsidized employment for required eligible recipients. Comprehensive Case Management and Employment Program for those 24 and younger seeking TANF benefits. Employment assistance – resume building and updating, interview skills, and SNAP nutrition classes, etc.

Income

Gross Monthly Income Must Be Below:

Families of 1: \$423	Families of 5: \$858
Families of 2: \$537	Families of 6: \$942
Families of 3: \$630	Families of 7: \$1038
Families of 4: \$750	Families of 8: \$1139

Dean of Students Office

110 Adelbert Hall • Cleveland OH 44106 • 216.368.1527 • deanofstudents@case.edu

How to Apply

Only eligible to receive TANF benefits in Ohio for 36 months in a lifetime. Months received as a minor child are not countable towards 36-month time limits. Spouses assume each other's time limits and the higher of the 2 is used for the assistance group. All months received as an adult in a state outside of Ohio are countable towards Ohio's 36-month time limit. All applications are to be processed within 30 days from the date the agency receives the application. Paper and electronic applications are screened, and appointments are scheduled for TANF.

Paper Applications: [JFS SNAP Form 7200](#). Print the application from the website. Complete all information. Submit completed application to 1641 Payne Ave Ste. 520 Cleveland OH 44114.

Phone Applications: Call 844.640.6446 Monday to Friday 8am to 4pm.

Web Portal Applications: benefits.ohio.gov. Click Apply Now option.



Verification Documentation

Criteria of Eligibility	How can it be verified?
Household composition/Bloodline	Birth certificates of all applicants and household members, as appropriate
Age, citizenship, identity	Birth certificate, State ID/Driver License, US Passport, crib cards for newborns, school records for minor children
Non-Citizenship Status, if applicable	Immigration documents
SSN	Social Security Card or SS5
Pregnancy, if applicable	Medical Provider written statement
Earned or unearned income	Paystubs, employer statements, award letters, w2s, 1099s, etc.
School enrollment and attendance, if applicable	School documents, class schedule, report cards, etc.
Residency/Address	Piece of received mail, Utility bill, Lease agreement/mortgage statement
Disability status, if applicable	Doctor statement, SSA determination documentation
Time limits – Ohio 36 months in a lifetime	Out of state benefit documentation – if applicable
Work activity assignment completion	Verification from Work Programs/JOBs
Cooperation with Child Support Enforcement Agency to establish paternity and medical support	Verification from CSEA that cooperation has occurred with establishing paternity, as applicable, and medical support, as applicable