


CHILD CARE AND PARENTING RESOURCES

ON-CAMPUS SUPPORT

CHILD CARE PROGRAMS




CWRU supports our working and studying parents with several child care-related benefits and resources. These benefits are offered to all eligible members of our campus community – including all eligible faculty, staff, postdocs, and students. Learn more about the [Child Care Subsidy Program, Dependent Care Flexible Spending Account, Child Care Support During Travel, and Discounts at Local Child Care Facilities here](#).

LACTATION ROOMS

[A comprehensive list of lactation rooms can be found here.](#)




OFFICE OF EQUITY



CWRU, through the Office of Equity, supports pregnant students, faculty, and staff so they can achieve academic and work success while pregnant, recovering from the birth of a child, caring for a newborn, and breastfeeding an infant. Title IX (which prohibits gender discrimination against students) and the Pregnancy Discrimination Act prohibits schools and employers from penalizing students and employees because they need time off from school, or reasonable adjustments, due to pregnancy, childbirth, or caring for an infant. [Learn more about Pregnancy Accommodations and how to request an accommodation here.](#)

DEAN OF STUDENTS OFFICE


If you are in need of case management support to navigate child care resources or find clothing, diapers, or wipes for children, [submit a CARE Report to be connected to your Dean of Students](#).




OFF-CAMPUS SUPPORT

HELP ME GROW

Help me Grow is a system of supports for pregnant women, caregivers with new babies, and families with young children, and for children with developmental delays and disabilities. Families who would like more information about Help Me Grow programs should contact 216.930.3322, email hmgreferrals@helpmegrow.org, or [complete the online Help Me Grow referral form](#).



STEP FORWARD




Provides New Parent Corner, Head Start, Early Head Start, and Family Engagement programs. Head Start and Early Head Start are federally funded and promote the school readiness of children ages birth to 5 from income-eligible families by enhancing their cognitive, social, and emotional development. Programs provide comprehensive services to enrolled children and their families, including health, nutrition, social services, education, and cognitive development services. Need to provide twelve months' worth of income information and proof of age of child applications. Income-based programs based on family size. To apply, [complete the Head Start Preschool Enrollment application online](#) or call 216.589.9922.

GODS VISION FOUNDATION

Dean of Students Office

110 Adelbert Hall • Cleveland OH 44106 • 216.368.1527 • deanofstudents@case.edu



Gods Vision has three main programs to support parents: Mom, Fathers, and Babies Program, Diaper Program, and Cribs for Kids Program. The Mom, Fathers, and Babies Program is designed to provide a supportive community and essential resources for parents and their babies. Program features parent connect groups, free monthly diapers/milk/other essential baby items, Mom and Dad essentials, and workshops and seminars. To qualify for the Mom, Fathers, and Babies program, you must be 32 weeks pregnant or your baby be less than 2 years old. For the Diaper program, you can receive diapers once per month until the child is 2 years of age. For the Cribs for Kids program, you have to be at least 32 weeks pregnant or your baby be 1 year of age or younger to qualify. [To apply for any of the Gods Vision Foundation programs, please fill out the form here.](#)

REDUCED COST CAR SEATS – UNIVERSITY HOSPITALS

University Hospitals Rainbow Babies & Children's Hospital Injury Prevention Center is dedicated to protecting child passengers throughout Northeast Ohio by aiding parents and caregivers in making important decisions about how best to restrain their child passengers. The Rainbow Injury Prevention Center is able to assist low income families by providing car seats at a cost significantly discounted from retail prices, together with education in installing and using the seats. Proof of government assistance (WIC, HEAP, CHIP, Food Stamps, etc.) is required. Call the Rainbow Car Seat Hotline at 216.844.2277 to receive registration information or email heidi.dolan@uhhospitals.org to connect with the program in Cuyahoga County.

CATHOLIC CHARITIES – BISHOP COSGROVE

From Tinkham Veale University Center: 15 min drive, 1 hr 30min walk, 30 min transit
Baby formula requests may be made by mothers experiencing financial difficulties. Call 216.781.8262 for support. Located at 1736 Superior Ave Cleveland OH 44114.

JOBS AND FAMILY SERVICES – PREVENTION, RETENTION, AND CONTINGENCY

If you have an emergency that is a one-time, short-term crisis, the Prevention, Retention, and Contingency program may be able to help. To qualify, you must be a US citizen or qualified alien; you must live with at least one minor child, be pregnant, or be the non-custodial parent of a child; your family's income must be at or below 200% of the Federal Poverty Level; and you must have limited liquid assets. [To learn more about the Prevention, Retention, and Contingency program and to apply, click here.](#)



CUYAHOGA COUNTY BOARD OF HEALTH –IMMUNIZATION CLINIC

Offer immunizations for infants, children, teens, and adults. Call 216.201.2041 or email cbbhnurse@cbbh.net to make an appointment. Immunization clinic hours are Monday, Wednesday, and Thursday from 9am to 4pm. Some children may be eligible for low or no cost vaccines if the child is uninsured, underinsured, or on Medicaid.

CLOTH DIAPER ASSISTANCE

If you are a caregiver of a young child and are struggling to pay for single-use diapers, apply to the Cloth Diaper Assistance program. Newborns receive 20 cloth diaper changes, infants 15 changes, and potty-training toddlers 10 changes. [To learn more and apply for the Cloth Diaper Assistance program, click here.](#)



FREE FORMULA EXCHANGE



A free nationwide mutual aid network connecting families who need baby formula to people who have formula to donate. To request formula, [submit a Free Formula Exchange form here.](#)

GOVERNMENT FINANCIAL RESOURCES

JOB AND FAMILY SERVICES – CHILD CARE SUBSIDIES

Ohio receives funds from the federal government for a state-run childcare subsidy program. These programs help low-income families pay for childcare so they can work or attend school. Applicant must be employed, attending an accredited school, or completing a WEP assignment through the OWF Cash or Food Assistance Program. Household gross income must be under the 130% Federal Poverty Limit (gross income of 130% of the federal poverty level). Can take up to 30 days to be processed. [Apply online here for Child Care Subsidies.](#) Verification documentation includes:



Child Care Criteria of Eligibility	How can it be verified?
Age and ID	Birth certificate or electronic verification from Social Security Administration
Citizenship	Birth Certificate
Non-Citizenship Status - if applicable	Immigration documents
Qualifying/Approved activity requiring daycare need	Paycheck stubs, Employer statement, SSC/IOP for OWF applications/participants, School schedule, Employee schedule, Client statement
Earned or unearned income	Paystubs, employer statements, self employment ledgers, tax returns, award letters, w2s, 1099s, etc., or electronic verification from IRS or other electronic sources. Cooperation with electronic verification process is a condition of eligibility.
Resources/assets (no more than 1,000,000 in total cash, bank account balances)	Can be self declared

WOMEN, INFANT, AND CHILDREN (WIC) ASSISTANCE

WIC provides nutrition education, breastfeeding education and support; supplemental, highly nutritious foods such as cereal, eggs, milk, whole grain foods, fruits and vegetables, and iron-fortified infant formula; and referral to prenatal and pediatric health care and other maternal and child health and human service programs. To apply for WIC benefits, please visit a WIC clinic near you. The closest to campus is University WIC at 5805 Euclid Ave, Room 101, UH Rainbow Center for Women and Children. Phone number is 216.675.6605. Open Monday, Wednesday, and Thursday from 8:30am to 4:30pm. [Referrals for WIC can be made online here.](#)



Must make at or below:

Family Size of 1 = \$23,828 annually
 Family Size of 2 = \$32,227 annually
 Family Size of 3 = \$40,626 annually

Family Size of 5 = \$57,424 annually
 Family Size of 6 = \$65,823 annually
 Family Size of 7 = \$74,222 annually

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Family Size of 4 = \$49,025 annually

Family Size of 8 = \$82,621 annually

CASH ASSISTANCE - OHIO WORKS FIRST TANF

Ohio Works First (OWF) is part of the state’s Temporary Assistance to Needy Families program. OWF is the financial assistance portion of the state’s Temporary Assistance to Needy Families (TANF) program. It provides cash benefits to eligible families for up to 36 months. You can determine your eligibility, apply, and manage cash assistance from the State of Ohio in the [Ohio Benefits Portal](#).

Eligibility

Those Eligible:

- A minor child who resides with a parent, specified relative, legal guardian, or legal custodian (a child may be temporarily absent from the home provided certain requirements are met)
- An individual who is at least six months pregnant
- A non-custodial parent who lives in the state, but does not reside with his/her/their minor child(ren)
- Households must earn 200% of the federal poverty line or less
- Must be a U.S. citizen, qualified immigrant, or protective refugee

How to Apply

All applications are to be processed within 30 days from the date the agency receives the application. Paper and electronic applications are screened, and appointments are scheduled for TANF.

In-Person Applications: Visit in-person at the Jane Edna Hunter Building Southgate Neighborhood Family Service Center at 3955 Euclid Ave. Cleveland OH 44115

Phone Applications: Call 844.640.6446 Monday to Friday 8am to 4pm.

Web Portal Applications: benefits.ohio.gov. Click Apply Now option.



Verification Documentation

Criteria of Eligibility	How can it be verified?
Household composition/Bloodline	Birth certificates of all applicants and household members, as appropriate
Age, citizenship, identity	Birth certificate, State ID/Driver License, US Passport, crib cards for newborns, school records for minor children
Non-Citizenship Status, if applicable	Immigration documents
SSN	Social Security Card or SS5
Pregnancy, if applicable	Medical Provider written statement
Earned or unearned income	Paystubs, employer statements, award letters, w2s, 1099s, etc.
School enrollment and attendance, if applicable	School documents, class schedule, report cards, etc.
Residency/Address	Piece of received mail, Utility bill, Lease agreement/mortgage statement

Disability status, if applicable	Doctor statement, SSA determination documentation
Time limits - Ohio 36 months in a lifetime	Out of state benefit documentation - if applicable
Work activity assignment completion	Verification from Work Programs/JOBS
Cooperation with Child Support Enforcement Agency to establish paternity and medical support	Verification from CSEA that cooperation has occurred with establishing paternity, as applicable, and medical support, as applicable