

ACCESS TO NUTRITIOUS FOODS

ON-CAMPUS SUPPORT

CWRU COMMUNITY PANTRY

Provides free resources such as diapers. Open during the academic semesters on Mondays, Thursdays, and Fridays from 4:30pm to 6:30pm. Located in Carlton Commons (11892 Carlton Road). Call 216.368.1633 or email communitypantry@case.edu to learn more. Check out the [CWRU Community Pantry website](#) for additional information. **Please note, the CWRU Community Pantry is open for Summer 2026 from May 28th to August 6th on Thursdays from 2pm to 4pm and Fridays from 12pm to 2pm. We are closed for all University holidays and closures.*



FREE LITTLE FOOD PANTRY

Open to all CWRU students. Open 24/7 on the Front Porch of Bellflower Hall (1427 Bellflower Road).

OFFICE OF MULTICULTURAL AFFAIRS – SNACK STOP

Open to all CWRU students for a snack stop. Open Monday through Friday, 9 am to 5 pm. Located at Sears Hall Room 409 (2083 MLK Jr. Drive). Call 216.368.2904 with any questions.

FEEDING SUCCESS - LUNCH BOX INITIATIVE

Open to off-campus CWRU students. Located in the Thwing Center, Room 083 (off-campus student lounge). Open Monday through Friday, 11 am to 2 pm. Provides shelf-stable food items during lunchtime. Call 216.368.7564 with any questions.

GARDEN@CASE

A community garden located at the corner of Mistletoe and Magnolia Drive, near Mather Park. Open to the Case community at large, it is accessible to everyone and offers fresh foods.

SWIPE OUT HUNGER

Students who are struggling with food security or consistently accessing nutritious foods may [request up to three meal swipes per semester](#) that can be used at Leutner Commons or



Fribley Commons. A member of the Dean of Students Office will review your request. If additional swipes are needed, you must meet with a member of the Dean of Students Office for further case management and support. Swipes can only be used during Fall and Spring academic semesters and when Fribley and Leutner Commons are open.

STUDENT EMERGENCY FUND

Available to assist CWRU students who encounter an unforeseen financial emergency or event that would otherwise prevent them from continuing their education at CWRU. Can assist with rent, groceries, utilities, and other essential household expenses. To learn more about eligibility and to apply, [submit a Student Emergency Fund Application here](#).



OFF-CAMPUS SUPPORT – FOOD PANTRIES

CHURCH OF THE COVENANT

From Tinkham Veale University Center: 1 min drive, 2 min walk

Located at 11205 Euclid Avenue, Cleveland, OH 44106. The food pantry is open from 10 am to 12 pm on the last Wednesday and Friday of each month. Call 216.421.0482 or email covenant@covenantweb.org to learn more.

NORTH UNION FARMERS MARKET

Has markets throughout the Cleveland area, including University Hospitals, Cleveland Clinic Main Campus, Crocker Park, Shaker Square, Chagrin Falls, Legacy Village, Sunset Market, and Van Aken District. University Hospitals Market is open on Thursdays from June 6th to October 17th from 10 to 1:30 pm. Located at 2074 Adelbert Road, Cleveland, OH 44106 (directly across from Adelbert Hall). Cleveland Clinic Main Campus Market is open on Wednesdays from May 29th to October 23rd from 10:30 am to 1:30 pm. Located at the Crile Mall on the Cleveland Clinic campus. During the winter, the Crocker Park and Van Aken District markets remain open. To learn more about hours and locations, see the [North Union Farmers Market website here](#).



BETHANY BAPTIST CHURCH

From Tinkham Veale University Center: 6 min drive, 27 min walk, 17 min transit

Located at 1211 East 105th Street, Cleveland, OH 44108. Food Pantry is the 4th Saturday of every month (except for November and December, when it is the 3rd Saturday) from 9 am to 11 am. Serves Zip Codes 44103, 44106, 44108, and 44110. Call 216.791.2673 with any questions.

EAST MOUNT ZION BAPTIST CHURCH

From Tinkham Veale University Center: 7 min drive, 20 min walk, 10 min transit

Located at 9990 Euclid Avenue, Cleveland, OH 44106. Open every fourth Saturday of each month from 9 am to 11 am. To be eligible for the current month, call 216.231.0284 on the second Monday of each month between 9:00 am to 11:30 am. Calling in puts your name on the list to receive food.

FR. MIKE WITTMAN OZANAM CENTER

From Tinkham Veale University Center: 7 min drive, 39 min walk, 15 min transit

Located at the Chambers Community Empowerment Center, 14305 Shaw Avenue, East Cleveland, OH 44112. Operates every Saturday from 10 am to 1 pm (excluding holidays), serving free food and clothing.

ST. MARTIN DE PORRES FAMILY CENTER

From Tinkham Veale University Center: 7 min drive, 29 min walk, 25 min transit

Located at 1264 East 123rd Street, Cleveland, OH 44108. Food Pantry is held every 3rd Tuesday and Wednesday of each month from 9:00 am to 12:00 pm. Serves residents of 44106, 44108, 44110, and 44112. Clients must show proof of residency and can register on the day of and receive food. Call 216.268.3909 with any questions.

FAMICOS FOUNDATION

From Tinkham Veale University Center: 8 min drive, 24 min walk, 15 min transit

Located at 8555 Hough Avenue, Cleveland, OH 44106. Open every fourth Thursday of the month from 10:00 am to 1:00 pm.

ABUNDANCE FOOD PANTRY

From Tinkham Veale University Center: 8 min drive, 52 min walk, 20 min transit

Located at 3031 Monticello Blvd, Cleveland Heights, OH 44118. Open every Tuesday from 10 am to 1 pm. Call 216.321.2660 with any questions. Serves residents in Zip Codes 44106, 44108, 44110, 44112, 44118, 44120, and 44121.

MANNA HOUSE RECOVERY & RESOURCE CENTER

From Tinkham Veale University Center: 9 min drive, 34 min walk, 23 min transit

Located at 8021 Cedar Ave, Cleveland, OH 44103. Open the third Friday from 5 pm to 8 pm and the third Saturday from 2 pm to 4 pm. Call 216.432.2598 with any questions.

MT. NEBO MISSIONARY BAPTIST

From Tinkham Veale University Center: 9 min drive, 35 min walk, 20 min transit

Located at 12701 Superior Ave, East Cleveland, OH 44112. The food pantry is open on the fourth Friday of the month from 8 am to 12 pm. Call 216.761.3133 for more information.

TWO FISH FIVE LOAVES

From Tinkham Veale University Center: 9 min drive, 50 min walk, 16 min transit

The food pantry operates every third Saturday of the month from 10:00 am to 12:00 pm. It also operates every third Monday of the month from 10:00 am to 12:00 pm by **appointment only**. Located at 2490 Lee Blvd, Suite 21,9 Cleveland Heights, OH 44118. [Pantry registration can be found here.](#)

**SALVATION ARMY – EAST CLEVELAND CORPS**

From Tinkham Veale University Center: 9 min drive, 54 min walk, 26 min transit

Located at 1507 Doan Ave, East Cleveland, OH, 44112. Those in need can get nutritious groceries from the Salvation Army. Food is free, and we never turn anyone away. Pantry hours are Monday to Friday, 9 am to 11:30 am.

LIBERTY HILL BAPTIST CHURCH

From Tinkham Veale University Center: 10 min drive, 34 min walk, 16 min transit

Located at 8206 Euclid Ave, Cleveland, OH 44103. Mobile Food Pantry is every first Wednesday of the month from 10:30 am to 1:00 pm. Community meals are offered every Third Saturday of the Month from 11:00 a.m. - 1:00 p.m. Call 216.791.5841 for more information.

ST. TIMOTHY MISSIONARY BAPTIST CHURCH

From Tinkham Veale University Center: 10 min drive, 46 min walk, 20 min transit

Located at 7101 Carnegie Avenue, Cleveland, OH 44103. Open on the last Thursday and Friday, 9:30 am to 1:30 pm. Closed in August. Hours vary month-to-month. Please call to verify the current month's availability. Call 216.391.0064 for more information.

GOD'S HOUSE OF PRAYER

From Tinkham Veale University Center: 10 min drive, 48 min walk, 20 min transit

Located at 2632 Woodhill Road, Cleveland, OH, 44104. Open on the third Saturday, 9 am to 12:00 pm. Call 216.229.5606 for more information.

FATIMA FAMILY CENTER

From Tinkham Veale University Center: 10 min drive, 45 min walk, 22 min transit

Located at 6600 Lexington Ave, Cleveland, OH 44103. Open on the last Tuesday of each month. Call 216.391.0505 with any questions.

MT. SINAI BAPTIST CHURCH

From Tinkham Veale University Center: 10 min drive, 54 min walk, 24 min transit

Located at 7510 Woodland Ave, Cleveland, OH 44104. Open the 2nd and 4th Friday of every month: 11 am-12:30 pm, except for the Fridays following Thanksgiving and Christmas. Call 216.431.1361 with any questions.

MIDTOWN MARKET HUNGER NETWORK

From Tinkham Veale University Center: 10 min drive, 1 hour 2 min walk, 20 min transit

Located at 4415 Euclid Avenue, Suite #100, Cleveland, OH 44103. Customers can visit MidTown Market once a month for their full choice pantry. Customers can visit a second time within the same month for additional fruits and vegetables only. Please enter through the Euclid Avenue Door. Learn more about dates and times for the [Midtown Market here](#).

**NORA FOOD PANTRY**

From Tinkham Veale University Center: 10 min drive, 1 hour 12 min walk, 26 min transit

Located at 1400 E. 55th Street, Cleveland, OH 44103. Open every third Monday of the month from 10:00 am to 12:00 pm.

OPEN DOOR MISSIONARY BAPTIST

From Tinkham Veale University Center: 12 min drive, 47 min walk, 24 min transit

Located at 8215 Woodland Ave, Cleveland, OH 44104. Open the last Friday of the month 9 am to 11:00 am. Call 216.721.0177 for more information.

OLIVET INSTITUTIONAL BAPTIST CHURCH

From Tinkham Veale University Center: 12 min drive, 38 min walk, 20 min transit

Located at 8712 Quincy Ave, Cleveland, OH 44106. Open 10 am to 12 pm every 3rd Saturday of the month. Call 216.862.7350 with any questions.

NEW LIFE GOSPEL CHURCH

From Tinkham Veale University Center: 12 min drive, 56 min walk, 30 min transit

Located at 2856 Martin Luther King Jr. Dr., Cleveland, OH 44104. Open the 2nd, 3rd, and 4th Thursday (except for major holidays) from 11:30 am to 1:00 pm. For any questions or more information, contact 216.791.6800.

THEA BOWMAN CENTER

From Tinkham Veale University Center: 15 min drive, 1 hr 22 min walk, 28 min transit

Located at 11901 Oakfield Ave, Cleveland, OH 44105. Open Saturdays 9:30 am to 10:30 am. Call 216.491.0699 with any questions.

ST. CATHERINE CHURCH/ST. BASIL TG

From Tinkham Veale University Center: 15 min drive, 1 hr 27 min walk, 28 min transit

Located at 9412 Heath Ave, Cleveland, OH 44104. Open Tuesdays 9:30 am to 11:00 am and Thursdays 9:30 am to 11:00 am. Call 440.526.1686 with any questions.

OFF-CAMPUS SUPPORT – HOT MEALS**ANTIOCH BAPTIST CHURCH**

From Tinkham Veale University Center: 11 min drive, 31 min walk, 16 min transit

Community Neighbors are served every Monday, Tuesday, and Thursday from 11:00 am to 12:00 pm. Located at 8869 Cedar Ave, Cleveland, OH 44106. Call 216.322.4842 with any questions.

LIBERTY HILL BAPTIST CHURCH

From Tinkham Veale University Center: 8 min drive, 28 min walk, 17 min transit

Hot meals are served the third Saturday of the month from 11 am to 1:00 pm. Located at 8206 Euclid Ave, Cleveland, OH 44103. Call 216.791.5841 with any questions.

ST. MATTHEW UNITED METHODIST

From Tinkham Veale University Center: 12 min drive, 58 min walk, 27 min transit

Held on Wednesdays from 3:00 pm to 4:00 pm (closed in August). Located at 10250 Shaker Blvd. Cleveland, OH 44104. Call 216.721.7300 with any questions.

ST. TIMOTHY MISSIONARY BAPTIST CHURCH

From Tinkham Veale University Center: 10 min drive, 46 min walk, 20 min transit

Located at 7101 Carnegie Avenue, Cleveland, OH 44103. On the fourth Wednesday of the month, breakfast is ready at 10 am and lunch begins at 12:00 pm. Call 216.391.0064 with any questions.

CHRISTIAN FAMILY OUTREACH

From Tinkham Veale University Center: 11 min drive, 58 min walk, 21 min transit

Located at 711 E 105th Street, Cleveland, OH 44108. Open on the second Tuesday every month from 3:00 pm to 5:00 pm.

ST. ALOYSIUS CHURCH

From Tinkham Veale University Center: 13 min drive, 58 min walk, 23 min transit

Located at 10932 Saint Clair Ave, Cleveland, OH 44108. Dine in only on Tuesdays from 5:00 pm to 6:00 pm. Call 216.451.3262 with any questions.

THEA BOWMAN CENTER

From Tinkham Veale University Center: 12 min drive, 1 hr 22 min walk, 26 min transit

Located at 11901 Oakfield Ave, Cleveland, OH 44105. Open Saturdays 11:00 am to 12:30 pm. Call 216.491.0699 with any questions.

CHANGING LIVES MINISTRIES

From Tinkham Veale University Center: 15 min drive, 1 hr 12 min walk, 26 min transit
Located at 12651 Saint Clair Ave, Cleveland, OH 44108. Open Thursdays 4:00 pm to 5:00 pm. Call 216.761.1421 with any questions.

MORNING STAR BAPTIST CHURCH

From Tinkham Veale University Center: 12 min drive, 58 min walk, 27 min transit
Held on Wednesdays from 3:00 pm to 4:00 pm (closed in August). Located at 10250 Shaker Blvd. Cleveland, OH 44104. Call 216.721.7300 with any questions.

FAITH COMMUNITY CENTER

From Tinkham Veale University Center: 14 min drive, 1 hr 9 min walk, 25 min transit
Located at 2355 East 55th Street, Cleveland, OH 44104. Hot meals on Wednesdays from 12 pm to 1 pm.

SALVATION ARMY – EAST CLEVELAND CORPS

From Tinkham Veale University Center: 12 min drive, 1 hr walk, 27 min transit
Located at 1507 Doan Ave, Cleveland, OH 44112. Hot meals are Tuesdays, Wednesdays, and Thursdays from 12 pm to 1 pm. Call 216.249.4334 with any questions.

OFF-CAMPUS SUPPORT – FINANCIAL SUPPORT**CATHOLIC CHARITIES**

Offers financial assistance in the form of grocery gift cards to cover daily necessities. May offer budgeting and financial workshops and may assist those in applying to county and state benefit programs. For 44108, 44110, and 44119 residents, call St. Martin de Porres Family Center at 216.268.3909. For all other residents, call Bishop Cosgrove Center at 216.781.8262.

SNAP – Supplemental Nutrition Assistance Program
2025 Eligibility**What is SNAP?**

- SNAP provides food benefits to low-income individuals/families to supplement their grocery budget so they can afford the nutritious food essential to health and well-being.

Who is in a SNAP household?

- Everyone who lives together AND purchases and prepares meals together is grouped as one SNAP household.
- Spouses and children under 22 are always included in the same household regardless of meal purchases and preparation.

Non-Citizens

- SNAP eligibility has never been extended to undocumented non-citizens. The Food and Nutrition Act of 2008 limits eligibility for SNAP benefits to U.S. Citizens and certain lawfully present non-citizens. Generally, to qualify for SNAP, non-citizens

must meet one of the following criteria:

- Have lived in the United States for at least 5 years
- Be receiving disability-related assistance or benefits
- Be children under 18

Are students eligible for SNAP?

Generally, students attending an institution of higher education more than half-time are only eligible for SNAP if they meet an exemption. The institution of higher education determines what is considered ‘half-time’ enrollment. Students who meet an exemption must also meet all other SNAP eligibility requirements. If you are enrolled less than half-time, the student restrictions on SNAP eligibility do not apply to you. If you are a student and you meet SNAP eligibility requirements, you may be eligible for SNAP if you meet one of the following exemptions:

- Work at least 20 hours a week in paid employment
- Participate in a state or federally-financed work-study program
- Are under age 18 or age 50 or older
- Are physically or mentally unfit to work
- Care for a child under the age of 6
- Care for a child aged 6 to 11 and lack the necessary childcare enabling you to attend school and work 20 hours a week or participate in work-study
- Are a single parent enrolled full-time in college and taking care of a child under 12
- Receiving Temporary Assistance for Needy Families (TANF)

I’m on a campus meal plan. Can I still get SNAP?

If a meal plan covers less than half of your meals, you may be eligible for SNAP.

What are the SNAP income limits?

To qualify for SNAP, households have to pass both a gross income, or initial eligibility, test as well as a net income eligibility test. Gross Monthly Income Limit is equal to total take home pay per month. Net Monthly Income Limit is equal to total take home after deductions. Deductions can include rent/mortgage payments, childcare costs, medical expenses, costs fuel to heat and cook with, electricity cost, water fees, basic fees for one telephone, and more. Households with higher gross incomes will still need enough deductions to get below the net income limit (100% FPL) to qualify for a benefit.

Household Size	Gross Monthly Income Limit	Net Monthly Income Limit
1	\$2,609	\$1,305
2	\$3,525	\$1,763
3	\$4,442	\$2,221
4	\$5,359	\$2,680
Each additional member	+\$917	+\$459

What are the SNAP work requirements?

Students enrolled at least half-time are exempt from work requirements including the Able-Bodied Adults without dependents time limit and mandatory employment and training if they meet a student exemption.

For those enrolled less than half-time, people must meet work requirements to be eligible for SNAP. These work requirements include registering for work, not voluntarily quitting a job or reducing hours, and taking a job if offered. Able-bodied adults without dependents are required to work for at least 20 hours per week to receive SNAP benefits for more than 3 months in a 36-month period.

What resources can I have and still get SNAP benefits?

Currently, households may have \$3,000 in countable resources (such as cash or money in a bank account). However, certain resources are not counted when determining eligibility for SNAP. These include a home and lot, resources for people who receive SSI, resources for people who receive TANF, and most retirement and pension plans.

How Do I Apply for SNAP

There are various ways to apply for SNAP. Please choose the one that is best for you.

1. Online through the Self-Service Portal Website: benefits.ohio.gov
2. The Greater Cleveland Food Bank Client Help Specialists can assist with over-the-phone applications for SNAP. Calls are free and confidential. Call 216.738.2067 to receive support.

Verification Documentation

Criteria of Eligibility	How can it be verified?
Proof of Social Security Number	Social Security Card
Proof of Income	Last 30 days' paycheck stubs, tax records, bank statements, employer statements, award letters, w2s, 1099s, or child support notices
Identity	State ID/Driver license, voter registration card, US Passport, military ID, or school ID for all household members
Citizenship	Birth certificate, citizenship/naturalization documents, green card, employment authorization card, U.S. passport, or military records
Proof of residency	Current rent receipt or lease with full legal name and address, letter from landlord verifying residence, a voter registration card, or mortgage records
Medical Expenses	For elderly or disabled household members, copies of medical, dental, or mental health care bills and statements. Can also include expenses for prescription drugs, prescription eyeglasses, hearing aids, service animals, prosthetics, or dentures
Household Expenses	Mortgage statements, copies of rental receipts, copies of payment for residential housing, proof of homeowner's insurance, or property tax records. Also include copies of basic utility bills

	– gas, electricity, water, sewer, and telephone bills
Proof of any Disabilities	Medical records, documentation of diagnosis, or a letter from your household member’s physician outlining the specific disability
Proof of School Attendance	School schedule and letter from financial aid
Any childcare or dependent care costs	Receipts for payments for the actual costs for the care of children or other dependents when necessary for a household member to accept or continue employment, attend training, or pursue education that is preparatory to employment

What happens once I apply for SNAP?

In most cases, once you submit your application, Jobs and Family Services will process it and send you a notice telling you whether you are eligible for benefits within 30 days. Check your benefits.ohio.gov for notifications if you applied online. During the 30 days, you most likely will need to complete an eligibility interview and give proof (verification) of the information you provided. The interview is typically completed over the telephone. If you are found eligible, you will receive benefits based on the date you submitted your application.

How do I receive SNAP benefits?

You will receive a monthly maximum allotment. For example, for a one-person household, the maximum monthly allotment is \$298. You will receive these SNAP benefits on an Electronic Benefits Transfer card, which works like a debit card. Benefits are automatically loaded into your account each month. You can use your EBT card to buy groceries at authorized food stores and retailers. Once you receive your Ohio Direction Card (EBT Card), you must activate it. Call 1.866.386.3071 to activate and create a PIN. You will need your 16-digit number from the front of your card, your social security number, and your date of birth to activate.

You can use this card like a debit card where SNAP/EBT is accepted. You can see how much is left on your card at the bottom of your receipt when you check out or by calling 1.866.386.3071. The Oh SNAP app (free to download on the App Store or Google Play) provides information on SNAP Basics, Applying for SNAP, Keeping SNAP Benefits, Using your EBT Card, more food resources, and SNAP Smart Tips. You can also go to <https://www.joinproviders.com/> or download the free Providers mobile app to see nearby stores and farmers markets that take EBT and check your balance online.

You will receive a notice that tells you how long you will receive SNAP benefits for; this is called your certification period. Before the certification period ends, you will receive another notice that says you must recertify to continue receiving benefits. Cuyahoga County JFS will provide you with information about how to recertify.