



Case Western Reserve University

Wesley Schaub, *Pre-health Advisor*

Autumn Beechler Stebing, *Assistant Director of Education Abroad*

Pre-Meds CAN Study Abroad!

Why Study Abroad?

- Meet CWRU **degree requirements**
- Set yourself apart on medical school applications.
- Experience a different culture and ways of thinking and/or problem-solving
- Gain confidence, independence, resourcefulness
- Increased ability to work in teams, communicate with others, and development of valued “**soft skills**”
- Travel, explore, enjoy—yes, it’s **fun!**

How To Study Abroad as a Pre-Med?

1. Follow one of the [pre-med study abroad pathways](#) to ensure courses required for medical school applications are on a US transcript (PPSP students planning to attend CWRU Med School can disregard):
 - **Take a Gap Year and go spring semester third year** (Bonus: you become a more competitive applicant for medical schools because of study abroad *and* the extra year of experience!)
 - **Move classes around and go spring semester second year** (Semester study abroad is usually less expensive than the same semester would be here at CWRU—except you're abroad!)
 - **Move nothing and go summer after second year** (Summer study abroad is usually cheaper than summer at CWRU)
2. Participate in a study abroad program with medical options! Highlighted here are programs that offer (usually one, sometimes more) classes with a health component. All other study abroad classes can be for the student's major and/or minor requirements.

Types of Study Abroad at CWRU

- CWRU Faculty-Directed Study Abroad Courses
- Semester or Year-Long Programs
- Summer Programs
- Other Considerations for Pre-Health Students



Faculty-Directed CWRU Study Abroad Courses

“Short Term”: Travel for one to three weeks during the academic year



- Travel over school break times:
 - Winter Break, Spring Break, Spring (May Abroad) or May Term
 - 3 credit CWRU class
 - Tied to Fall, Spring or Summer registration with a program fee
 - No extra tuition for fall or spring
 - Program fee covers in-country housing, transportation, others
- Available to freshman – seniors and graduate students
- Meet degree requirements
 - Global and cultural diversity
 - Social science, humanities, and other general education requirements

SHORT-TERM PROGRAMS: **WINTER BREAK**

1. Health, Human, & Social Development in Rural and Urban Ecuador
2. Global Health and Social Development in India
3. Health and Health Care:
A Comparative Perspective
(Costa Rica)

- ❖ 10 – 15 days abroad
- ❖ Fall registration and tuition (flat rate tuition)
- ❖ Pay additional program fee
- ❖ Travel after the holidays
- ❖ Apps due by fall drop/add date
- ❖ The above list is just a sampling



SHORT-TERM PROGRAMS: **SPRING BREAK**

1. French Connections: A Cross-Cultural Comparison of Medical Ethics (France)
2. Mental Health Issues & Practice (Netherlands)
3. Social Justice: Health and Violence Prevention (Netherlands)
4. Public Health in the Netherlands: Sex, Drugs, and Public Health Ethics (Netherlands)
5. Global Health Design (Uganda)

- ❖ 5 – 7 days abroad
- ❖ Spring registration and tuition (flat rate tuition)
- ❖ Pay additional program fee
- ❖ Apps due by spring drop/add date
- ❖ The above list is just a sampling



SHORT-TERM PROGRAMS:

SPRING (MAY ABROAD)

1. Global Issues, Health & Sustainability (India)
 2. Pits and Pitas: Optimizing Health through the Mediterranean Diet from Production to Consumption (Greece)
 3. Spanish & American Perspectives on Health, Wellness, Medicine & Culture (Spain)
 4. Narrative Medicine: Aging, Mental Illness & Cancer (Norway)
 5. Women's Health and Public Health Ethics (Netherlands)
- ❖ 15 days abroad
 - ❖ Spring registration and tuition (flat rate)
 - ❖ Pay additional program fee
 - ❖ Apps due January 22 (drop/add)
 - ❖ The above list is just a sampling



Summer Programs

- Study Abroad for 3 weeks or longer
- Two options:
 1. Enroll in a Faculty-Directed CWRU course
 2. Take classes independently at an overseas institution

Faculty-Directed

- CWRU credit
- Take one class
- Pay program fee and CWRU summer tuition
- Travel with CWRU faculty and students
- Defined options

University Abroad

- Transfer credit approved in advance
- Take one – three classes
- All expenses paid to overseas institution
- Meet friends at orientation
- Many options



SUMMER PROGRAMS: Faculty-Directed

- Past programs in:
 - China and South Africa (Engineering)
 - France, Greece, Italy, and New Zealand (Arts and Humanities courses)
 - Nicaragua (Child Welfare)

- ❖ One month abroad
- ❖ CWRU summer tuition (half price for undergraduates)
- ❖ Pay additional program fee (incl. housing, entrance fees, etc)



SUMMER PROGRAMS: **University Abroad**

1. Cape Town Health Studies (South Africa)
2. Public Health in China at Peking University (China)
3. Community and Public Health Practicum in Botswana (Botswana)
4. DIS Abroad (Copenhagen and Stockholm)
5. King's College London (UK)
6. Health Studies in Santiago (Chile)

- ❖ One – three months abroad
- ❖ Tuition to university abroad
- ❖ Pay housing abroad



Semester or Year-Long Programs

“Long Term”: Study Abroad for one to two semesters



New Zealand: University of Otago

- Take classes at an overseas institution, transferring credits back to CWRU
 - Courses approved in advance to meet degree requirements—major, minor
 - Option of hands-on medical experience: one class which includes shadowing, public health, medical research, and others
- Semester and yearlong programs are **cost neutral**:
 - Continue to pay CWRU tuition (keeping all aid and scholarships)
 - Housing and meals paid to overseas institution (often cheaper than CWRU)
 - Many [scholarships](#) available!
- Sophomores, juniors, & seniors eligible

SEMESTER PROGRAMS: University Abroad

1. Medical Practice & Policy Options
 - King's College London (UK)
 - DIS Abroad (Copenhagen and Stockholm)
2. Public Health Options
 - University of Botswana (Botswana)
 - University of Cape Town (South Africa)
 - Manipal Global and Public Health (India)
 - Health Studies in Santiago (Chile)
 - DIS Abroad (Copenhagen and Stockholm)
 - Maastricht University (Netherlands)
3. Engineering/STEM Options include
 - Universidad Carlos III de Madrid (Spain)
 - National University of Singapore (Singapore)
 - University of Sydney (Australia)
 - King's College London (UK)



OTHER CONSIDERATIONS

- Undergraduates can work on cadavers at Queen's University Belfast (N. Ireland) and the University of Sydney (Australia)
- Research programs exist for a summer or a semester and can focus on health issues (ex: EuroScholars, STEM Summer, etc.)
- Medical volunteering
 - Carefully consider the program. Can be a negative on your medical school application if you choose an unethical program
 - Some we recommend are:
 - AMSA (Fellowship, Internship, Volunteer) <http://www.amsa.org/AMSA/Homepage/EducationCareerDevelopment/IntlHealthOpps.aspx>
 - Case Global Medical Initiative <http://filer.case.edu/org/gmi/about.html>
 - Foundation for International Medical Relief of Children <http://www.fimrc.org/ghvp/>
 - Unite for Sight <http://www.uniteforsight.org/volunteer-abroad>
 - Child Family Health International <https://www.cfhi.org/>
 - The Atlantis Project <https://joinatlantis.com/>

HOW TO GET STARTED

- **Schedule an advising appointment:**
 - Email studyabroad@case.edu
 - Automatic reply will give the link to the [Meet the Advisors](#) page →
- **Recommended to come in a year in advance of long-term study abroad**
- **Applications due for long-term:**
 - Fall: Feb. 1 – March 1
 - Spring: August 1 – September 15
 - Summer: Feb. 1 – March 15
- **Applications due for short term:**
 - Winter Break: fall drop/add
 - Spring Break and Spring (May Abroad): spring drop/add
 - May Term and Summer: summer drop/add



Angela Miller, EdD

- Advises for: Australia and New Zealand
- Specialties: Advising diverse students who are typically under-represented in study abroad (STEM, students of color and non-traditional students)

[Make a Virtual Appointment with Dr. Miller](#)



Dr. Miller's Relevant International Experience



Autumn Beechler Stebing

- Advises for: The United Kingdom, Ireland, Italy, France, and Spain
- Specialties: Advising pre-health and nursing students, "study abroad plus" programs (research, intern, and/or volunteer abroad programs) and students undecided on location or major

[Make a Virtual Appointment with Autumn](#)

> Autumn's Relevant International Experience



Cami Ross

- Advises for: Austria, China, Denmark, Germany, Greece, the Netherlands, Russia, Spain, Sweden, and all countries in Africa, Asia, the Middle East and Latin America
- Specialties: Advising for non-traditional locations, helping students study abroad repeatedly, and the returned student experience

[Make a Virtual Appointment with Cami](#)

> Cami's Relevant International Experience

Virtual Drop In Hours

Students can also ask quick questions during our **virtual drop-in hours** Tuesdays and Thursdays from 1 - 3 pm. [Register here.](#)