

Practice Social Distancing

Postpone or cancel in-person meetings.

Give yourself a buffer zone. Try not to get physically close to people when you're outside your home. As a general rule, try to be six feet away from the closest person.

Rethink your greeting. Don't hug or shake hands.

Avoid groups of people. More people = more chances to come in direct (or indirect) contact with the virus.

Who should practice social distancing?

EVERYONE