#### It's On CWRU Presents

# Sexual Assault Awareness Month 2021



"Even before its official declaration, SAAM was about both awareness and prevention of sexual assault, harassment, and abuse. Looking at the history of the movement to end sexual violence, it's clear why: it's impossible to prevent an issue no one knows about, and it's difficult to make people aware of a problem without providing a solution. The two work in tandem, and they always have. From the civil rights movement to the founding of the first rape crisis centers to national legislation and beyond, the roots of SAAM run deep."<sup>1</sup>

This year marks the official 20th anniversary of Sexual Assault Awareness Month, featuring the theme *We Can Build Safe Online Spaces*. Over the last year, COVID-19 has impacted the world and highlighted the importance of virtual connection. With that comes a need for exploration of consent, advocacy, relationship-building, intervention, and accountability in our virtual spaces to support safety in all our spaces at CWRU.

# All Month

### TEAL TALK TUESDAYS

Follow <u>@florastonemathercenter</u> on Instagram to explore a different topic related to sexual assault awareness each Tuesday throughout April. A post with the week's topic will be dropped each Tuesday morning, and we want to hear what these words mean to YOU! Drop your thoughts in the comments section or DM us to have your thoughts shared anonymously.

## FRIDAY FACTS: GIVEAWAY!

Join the Mather Center on <u>Instagram</u> every Friday to learn a new fact about the prevalence of sexual violence and steps we can take to disrupt violence in our community. Like, save, and share these posts to your story with the hashtag #ItsOnCWRU to be entered in our SAAM giveaway!

### FACEBOOK PROFILE PICTURE FRAME

Looking for an easy and effective way to raise awareness about the *It's On CWRU* commitment to ending campus sexual violence? Frame your Facebook profile picture with the *It's On CWRU* slogan to spark conversations regarding sexual violence prevention within your sphere of influence. Click on your profile picture, select "Update Profile Picture," select "Add Frame" in the top right corner, search "ItsOnCWRU," select the frame that says "#ItsOnCWRU to disrupt the culture of violence," and click "Use as Profile Picture." And you're done!

<sup>1</sup>National Sexual Violence Resource Center, <u>https://www.nsvrc.org/saam/history</u>

# STUDENT ADVOCATE Virtual DROP-IN HOURS

#### Mondays, 3-5 PM

# Audience: All undergraduate and graduate students of any gender

Advocate Drop-In hours are for any CWRU, CIA, CIM and KSU Podiatry undergraduate or graduate student who may have questions about sexual misconduct reporting options or the Office of Equity (Title IX) process. Advocate Drop-In hours are confidential, although non-clinical in nature.

Students may use these hours to process related questions, consultation, "how to help a friend" questions, or referrals for clinical services such as individual or group therapy, or community referrals.

Zoom link sent after registration.

Register here.

Advocate drop-in hours are available all year, and may be especially beneficial during months bringing awareness to sexual violence.

## **Events**

# Talking to Youth about Sexuality: A Caring Adult Workshop

### 04/06, 12-1:30 PM

#### Audience: Youth-adjacent caring adults

In this 90 minute program facilitated by Planned Parenthood of Greater Ohio's Ohio Center for Sex Education, *parents, guardians, older siblings, and youth-adjacent caring adults* will learn how to engage in ongoing communication with their young person about sex and sexuality to encourage positive sexual self-concept and its contributions to combatting sexual violence.

Register <u>here</u>.

Day of Action: Wear Teal

# GIVEAWAY!

## 04/06, All Day

#### Audience: All-campus

Wear Teal is a national social activism campaign that encourages people to wear teal clothing and/or teal ribbons-- the color of sexual assault prevention-- to demonstrate their support for survivors of sexual violence. This year at CWRU, we encourage you to wear teal in your physical and virtual spaces to raise awareness and stand in solidarity with survivors. **Take a picture of yourself wearing teal and tag** @florastonemathercenter and #It'sOnCWRU to be entered into a SAAM Mather Center giveaway!

### Student Advocate Instagram Takeover

#### 04/09, All Day

#### Audience: All-campus

Join Megan Long (she/her), Student Advocate for Gender Based Violence Prevention & Response from University Health and Counseling Services, as she takes over the <u>@florastonemathercenter</u> Instagram page for this week's Friday Fact. Turn on the Mather Center's page notifications so you can get to know Megan, her role at CWRU, and confidential resources available on campus and in the community.

Keep an eye on our stories for a chance to ask Megan questions throughout the day!

For more information about gender-based violence support, please visit the <u>UHCS</u> <u>Advocate page</u>.

### It's On CWRU: An Introduction to CWRU's Violence Prevention Campaign

#### 04/12, 4-4:30 PM

#### Audience: All-campus

Join the Mather Center for an introduction to the campus wide violence prevention initiative called *It's On CWRU*. The mission of *It's On CWRU* is to unify our community's effort to disrupt the culture of violence through consciousness raising visuals, evidence-informed education, survivor support, and community investment. This campaign launch is the first step in our continued commitment to a safe environment for all people here at CWRU.

The twenty minute presentation will be followed by Q & A.

Register here.

# Disrupting the Culture of Violence: How to be a Prosocial Bystander

### 04/20, 6-7:30 PM

#### Audience: All-campus

As part of the *It's On CWRU* initiative, this evidence-informed bystander intervention program uses community care as the foundation of intervention. Participants will learn how to identify potential violent incidents, individual responsibility to intervene, and how to do so safely and effectively in order to maintain a safe environment for all people.

Register here.

## The Clothesline Project @ CWRU

### 04/21-04/28, Instagram

#### Audience: All-campus

Created in 1990 by Rachel Carey-Harper, The Clothesline Project is a national program that uses color-coded shirts decorated by survivors and people impacted by sexual violence to educate and raise awareness on the prevalence of violence in our own communities, a visual reminder of the statistics we often ignore or cannot see readily.

This year's t-shirt installation will be created and presented virtually. If you'd like to share your story of survival or impact, **please click the template color below that represents your experience and anonymously submit completed designs <u>here</u> by 04/20**. Your work will be featured anonymously on the Mather Center's Instagram page to create a "clothesline" of experiences connecting us to one another.

<u>White</u> for people who have died as a result of violence.

<u>Yellow</u> or <u>Beige</u> for survivors of physical assault and/or domestic violence.

<u>Red</u>, <u>Pink</u>, <u>Orange</u> for survivors of rape or sexual assault.

<u>Blue</u> or <u>Green</u> for survivors of incest or childhood sexual abuse.

<u>Purple</u> or <u>Lavender</u> for survivors of sexual violence based on perceived sexual orientation or gender.

Brown or Gray for survivors of emotional, spiritual, or verbal abuse.

Black for those disabled as the result of an attack, or assaulted because of a disability.

### Day of Action: Denim Day

#### 04/28, All Day

#### Audience: All-campus

The Denim Day campaign began after a ruling by the Italian Supreme Court where a rape conviction was overturned. The justices felt that because the victim was wearing tight jeans, she must have helped the person who raped her remove her jeans, thereby implying consent. The following day, the women in the Italian Parliament came to work wearing jeans in solidarity with the victim. Peace Over Violence, a multicultural volunteer-centered nonprofit dedicated to ending interpersonal violence, developed the Denim Day campaign in response to this case and the activism surrounding it.<sup>2</sup>

Join CWRU as we engage in this act of solidarity and bring awareness to victim blaming and destructive myths that surround sexual violence.

# Tinder Nightmares: Dating in the Digital Age

### 04/29, 6:30-8 PM

# Audience: All undergraduate and graduate students

This interpersonal workshop offers an exploration of the challenges, risks, and opportunities that dating apps have provided to people looking for love, lust, or something in between. Participants will unpack virtual dating topics, including ghosting, parasocial crushes, virtual consent and boundaries, and more. Take a break from swiping right to join the conversation!

#### Register here.

## **Beyond SAAM**

Awareness, response, and prevention exist beyond April and involve a community effort to effect sustained change. Here are some ways to remain committed to a culture of healing beyond SAAM.

↗ Request a <u>Mather Center workshop</u> on gender equity, sexual violence prevention, or intersectional feminism for your school, office, department, student organization, or community space.

↗ Take the <u>pledge</u> to engage in prosocial bystander behavior that disrupts the culture of violence at CWRU and in the community.

↗ Review the Prevention Advocacy Clery Compliance Team (PACCT) <u>Guidebook</u> to stay up-to-date on survivor support services and general prevention education.