

Transition of Care 2023-2024 Handout

To read more information about Transitioning Care please visit our website.

[Transition of Care](#)

Insurance Information:

Insurance can be complicated to navigate at times and we would like to make this transition as easy as possible. For any questions about the student health plan through CWRU, please contact medicalplan@case.edu.

Medications and Pharmacy Information

Clinicians at UH&CS can continue to prescribe most medications for students; certain medications may require a referral to a specialist. Please consider the following information, and select the best option for you:

- If you need UH&CS to write your prescription, please make an appointment to see a provider BEFORE you run out of medication. You may find directions for obtaining your prescription on our webpage, and at this link [Prescription Refill Request](#)
- If you need to transfer your prescription to a local pharmacy, a list of our nearest pharmacy locations may be found at our website, and this link [Nearest Pharmacy Locations](#)
- If you require any support for ADHD medication prescriptions, please review our [ADHD Documentation and Prescription Policy](#) if you would like more information regarding medication management for ADHD.

Medical and Mental Health Support

Going off to college can be tough for a lot of people. There's so much to learn, new friends to make, and schoolwork to deal with. It can feel like a lot to handle. UH&CS are happy to support you throughout your time at CWRU. Below you will find information on how to contact UH&CS providers for both medical and mental health care.

Mental Health

- 24/7 Counselor on-call: 216-368-5872
- If you find that you would like to meet with a therapist at no cost to you, you are welcome to use Counseling Services, or TimelyCare.
 - For UH&CS - you may call 216-368-5872 or visit myhealthconnect.case.edu to web-book a counseling appointment
 - For TimelyCare, you may log into [TimelyCare](#) for virtual support, 24/7. Please register using your abc123@case.edu email address.

Medical

- 24/7 Nurse on-call: 216-368-2450

- If you find that you would like to meet with a provider at no cost to you, you are welcome to use Health Services, or TimelyCare.
 - For UH&CS - you may call 216-368-5872 or visit myhealthconnect.case.edu to web-book a counseling appointment
 - For TimelyCare, you may log into [TimelyCare](#) for virtual support, 24/7. Please register using your abc123@case.edu email address.

Disabilities and Accommodations

Should you find your medical or mental health symptoms require any accommodations to support your success at CWRU, you may register with Disability Resources to discuss this process.

- To begin any accommodations with Disability Resources, please go to their website: <https://case.edu/studentlife/disability/>
- Scroll down and click on the tile "Getting Started" which will walk you through how to register with Disability Services and request accommodations.
- From here, you will have access to helpful information to support you in your process in requesting accommodations at CWRU.
- Someone from our Care Management team will reach out to you to see if you need any additional support with obtaining accommodations.

Additional Resources to Support your Transition to CWRU:

- [How to Plan for a Supported, Connected, Less Stressful Year by the JED Foundation](#)
- [Turning 18: What it Means for Your Health](#)
- [Mental Health College Guide by NAMI and The Jed Foundation](#)
- [Wellness Plan](#)
- [A Young Person's Guide to Health Care Transition](#)
- This webpage: [Got Transition®](#)