

## Tips for Academic Success

# Biology 116/117

### SI Leader Tips for Studying for Biology 116 / 117

Academic Resources has asked our Supplemental Instruction (SI) leaders to share their best strategies for doing well with particular courses. Here are their recommendations for Biology 116/117.

- Before class, read the subtitles and have a general idea of what will be covered during the class.
- Listen, take notes, and tape record if necessary. This is one of the classes where everything that the professor says is important!
- Read over the material for main points. Read again for depth. Read again for details and then again until you know the concepts completely.
- Reread your lecture notes and lab material after class. Go over notes after class, before bed, and right before lectures.
- Make note cards for terminology. Make a vocabulary sheet/or flashcards, and keep them with you at all times. The more you rehearse the material, the easier it will be to remember!
- Create mnemonic devices for learning material.
- Break the material down into smaller parts, and study a chunk at a time.
- Visualize the material as you learn it to help you see how various systems work.
- Be active when studying. Ask questions about the placement, function, components, etc.
- Do not wait till the night before to cram for the exam. You will get frustrated and will not be successful.
- Read the materials, and repeat the material back to yourself.
- Create a study group. Quiz and ask each other potential test questions.
- Attend SI sessions! Use SI materials to study.
- Know the material. Do not just learn it. Knowledge is the ability to use what you have studied and apply it.

