

# Navigators

**Explore your passions and set goals** for your CWRU experience and beyond with holistic advising support from your navigator. Whether your goals are academic, personal, or professional we can help you:



- explore major and minor options
- find a club to join
- direct you to campus events of interest to you

**Make a plan and build your success team** by establishing actions steps and building mentoring relationships with faculty and campus support staff. We will provide guidance on:



- declaring your major
- writing your first college resume
- connecting to research

**Here for you** to empower you during your CWRU experience and help you maximize your journey to success.



- have a question and don't know who to ask?
- looking for that next step?

## Connecting with your Navigator

My role is to help you find your way at Case Western Reserve University. I am the person you can contact whenever you have questions and want to get connected to things, such as campus activities and organizations, undergraduate research, services, internships and more.

To schedule an appointment with your Navigator, visit My Journey, [journey.case.edu](https://journey.case.edu), and click on *Schedule an Appointment*.

### A Note about My Journey

Through My Journey, you can schedule appointments with resources in Student Success, keep track of the important details about your CWRU experience and the plans you make, and set success plans to empower you during your CWRU experience and help you maximize your journey to success! Learn more at [case.edu/studentssuccess/my-journey](https://case.edu/studentssuccess/my-journey).

## Peer-led Academic Resources

Looking for a study group or subject-matter help? We can help you **find a peer tutor** or form **a study group with a skilled tutor**. For some courses, we offer **Supplemental Instruction (SI)** sessions led by students who know how to facilitate learning. You can search for tutoring appointments at [tutortrac.case.edu](http://tutortrac.case.edu) and view the SI schedule at [case.edu/studentsuccess/academic-resources](http://case.edu/studentsuccess/academic-resources). Questions? Contact James Eller (for SI questions) at [james@case.edu](mailto:james@case.edu), or David Paulik (for tutoring questions) at [dxp422@case.edu](mailto:dxp422@case.edu).

## UNIV 100, 102 and 103

UNIV 100, 102 and 103 are non-credit, pass/no pass **courses** to help you with academic skills. UNIV 100 focuses on time management approaches and study strategies. UNIV 102 gives you the tools to develop effective strategies for presenting in classes. UNIV 103 focuses on academic skills and general fluency in English. You can register in SIS. Questions? Contact David Paulik (UNIV 100) at [dxp422@case.edu](mailto:dxp422@case.edu) or Michelle Cseh (UNIV 102 & 103) at [mkc82@case.edu](mailto:mkc82@case.edu).

## More to Explore

### Individual Consultations and Spoken English Support

We'll work with you through one-on-one individual consultations to help improve academic skills, including time management and test-taking strategies. Individual consultations and conversation groups are also available to students who wish to practice their English language skills. You can schedule with a member of Academic Resources in My Journey, [journey.case.edu](http://journey.case.edu).

### Tips for Academic Success

These one page handouts provide concise strategies and suggestions for improving academic performance in a variety of topic areas. You can view these resources, and take the Academic Inventory (a self-assessment of your academic approaches) at [case.edu/studentsuccess/academic-resources/learning-resources](http://case.edu/studentsuccess/academic-resources/learning-resources).

### Programming

We are also available to facilitate workshops and give presentations in topic areas like time management, study strategies, preparing for exams, and spoken English. To request a program email [academicresources@case.edu](mailto:academicresources@case.edu)