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CWRU's Office For Sustainability E-Newsletter

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Office for Sustainability

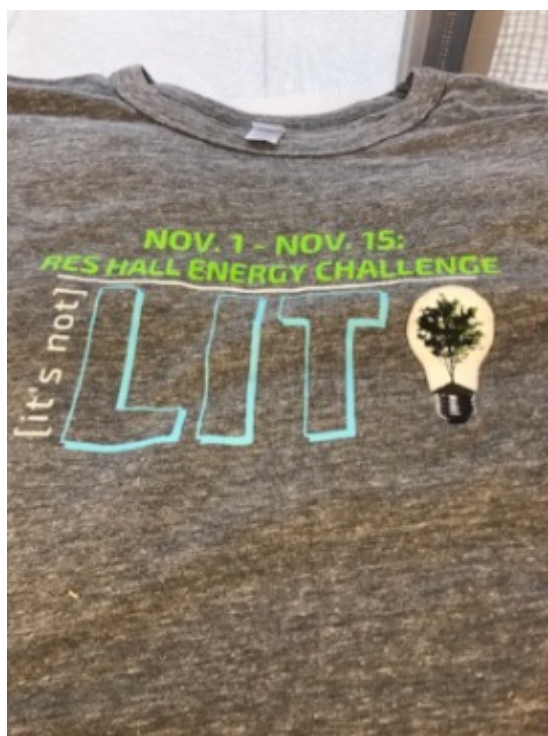
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Local Events

[Bike Cleveland Education Series: Indoor Cycling Tips](#)

Tuesday, December 19
6:30 - 8:00pm
Bike Cleveland in Ohio City

[Sustainable Cleveland Holiday Green Drinks](#)

Thursday, December 21
5:30 - 7:30pm
Market Garden Brewery

[Cleveland Critical Mass Ride](#)

Friday, December 29
6:30 - 11:30pm
Meet in Public Square

[A Neighborhood Workshop on Health, Community & Climate Action: Workshop 5 - Glenville](#)

Saturday, January 4

Southside Wins the Energy Contest! Winners awarded organic tees

Our 2017 Energy Contest ran from November 1 through November 15 and pitted res halls against each other to see who could reduce energy consumption the most based on normal usage. Southside res halls win, stealing the cup from the Village and STJ! To celebrate, Sustainability Ambassadors gave away organic cotton tees at Thwing Study Over on December 11. Thanks for reducing your energy use and keep it up! More tees will be awarded to the winners next semester if you missed picking yours up at TSO!

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[Building Education Series
2017: Efficiency Project
Resources](#)

Thursday, January 18

7:30 - 10:00am

Oswald Building, Downtown
Cleveland

[Cleveland Seed Bank's
Annual Winter Seed Swap](#)

Saturday, January 27

2:00 - 4:00pm

St. John's Episcopal Church



Power Down Over Break

As the holidays approach and we all enjoy some well deserved time off, please do your best to keep your workplace or res hall green over break. Here are a few easy steps you can take to save energy while you're at home sipping egg nog!

In offices:

Shutdown your computer and power off monitors (sleep mode is not off)

Turn down the thermostat a few degrees

Turn off the printer and photocopier

Unplug space heaters

In labs:

Shut the sash to your fume hoods

Power off lab equipment and instruments

Shutdown computers and power off monitors

Turn off the lights in your lab

Turn down the thermostat

In your res hall:

Empty and unplug your fridge if possible (please be cognizant if you have ice build up in your freezer that it would leak out and damage floors, defrost with towels before you leave or leave it on and plugged in, your downstairs neighbors thank you.)

Turn off powerstrips

Turn down the thermostat



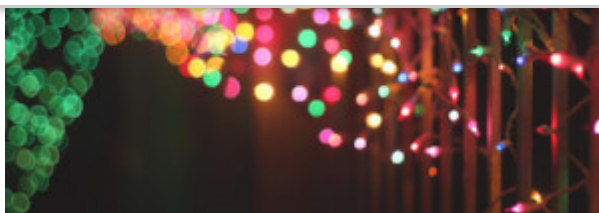
About Us

The **Office for Sustainability** is dedicated to creating sustainable change on campus by reducing greenhouse gas emissions, improving energy efficiency, promoting local food, recycling, and sustainable purchasing, as well as advocating for individual and institutional behavior change.

Questions/Feedback?

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Seasons Greenings

When preparing for this holiday season, make just a few tweaks in your customs to be kinder to the Earth.

- > Wrap gifts with durable or fully recyclable materials. You can also make the wrapping part of the gift with cloth napkins, clothing, cloth grocery bags and more.
- > At your party, make sure a recycling bin is right next to the trash with clear directions about what can be recycled.
- > Avoid using single use plates, napkins or cups. Your guests can help with clean up and our landfills will be emptier.
- > Recycle your broken holiday lights at the [Cuyahoga County Solid Waste District](#).
- > Avoid wrapping paper with foil or glitter as it is not recyclable. Dispose of other wrapping paper with your paper recycling
- > Serve local food and cut down on meat consumption to reduce greenhouse gas emissions. Find more ideas on [our website](#).



January Green Bag Lunch: Advocating for Your Local Parks with the Trust for Public Land

Wednesday, January 24 // Noon to 1:00pm

Hear from the Trust for Public Land to learn about their Climate Smart Cities program and how you can help your own city plan for future park investments. Coffee and desert provided, you are welcome to bring your own lunch.

RSVP on [Eventbrite](#).

Share on [Facebook](#).

More info on our [website](#).



Plastic Bag Legislation in Cuyahoga County

Legislation has been introduced in County Council to reduce the use of plastic and paper carryout bags by retailers in Cuyahoga County. The legislation will require retailers over 7,000 square feet to charge a ten cent fee for each single use bag used per customer. The fee will be split between the retailers and the county's Environmental Remediation Fund. This Fund will help to clean up waterways including lakes and rivers as well as fund pollution prevention and education. Additionally, the fee will pay for free reusable bags to be given to Cuyahoga County residents at public locations. A final vote by the County Council will take place at the January 2018 meeting. Call or email your Council representative to support the efforts. Find more information and Council contacts on the [Free Bag Initiative website](#).

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Recycling Your Fridge for Cash

The First Energy Corporation will pick up and reward you for recycling your old refrigerator or freezer, helping you to upgrade to a more energy efficient model. You can also recycle a room air conditioner or dehumidifier when recycling your refrigerator. This program is for those with First Energy accounts only. A \$50 check will be mailed to you four to six weeks after pick up. Additionally, if purchase a new Energy STAR rated refrigerator, you can earn up to an additional \$75 rebate. Find the list of eligible models and make contacts for pick up on the [First Energy website](#).

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