



Office of Energy & Sustainability

About Us

The **Office of Energy & Sustainability** is dedicated to creating sustainable change on campus by reducing greenhouse gas emissions, improving energy efficiency, promoting local food, recycling, and sustainable purchasing, as well as advocating for individual and institutional behavior change.

Questions/Feedback?

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Website



Facebook



CORRECTED: One-Day Only Res Hall Composting Pilot this Friday

Thanks to RHA, for the first time you can compost any perishable food left in your room before heading home for Winter break — this Friday only

December 13, 9:00am - 7:00pm, at Wade Commons

What can go in the Reading Day Compost Bin? Your leftover dorm **FOOD ONLY**: No large amounts of liquids or sauces, no food packaging, and no compostable single-use to-go ware should go in this compost.

- Leftover cereal, crackers, pasta - Yes
- Leftover BiBiBop and similar (criminal!) - Yes
- Bread - Yes
- Cheese - Yes
- Eggs - Yes
- Meat - Yes
- Pizza - Yes
- The end of a jar of spaghetti sauce - Yes
- Vegetable stock for that soup you never made - No, we don't want large amounts of liquid in the compost



Instagram



Email



Recycle Your Broken Holiday Lights

There are a number of ways that you can recycle your strands of broken holiday lights. [The Solid Waste District in Garfield Heights](#) accepts lights year-round at their facility. Retailers such as Lowes or Home Depot also often accept lights during the holiday season as well - check with your local store.

Upcoming Events

[ABC'S of Winter Cycling](#)

Saturday, December 14
1:00 – 2:30pm
REI, Beachwood

[Night of Sustainability - PechaKucha](#)

Tuesday, December 17
6:00 – 8:30pm
John Carroll University

Office of Energy &

Recycle your food packaging only if it is a:

- Paper box, metal can, “milk” carton, plastic bottles or jugs
- Please rinse them and put them in any mixed recycling bin



Your Input Needed - Electric Scooter & Bike Survey Just Opened

The City of Cleveland launched the shared mobility pilot program this past August with electric scooters and now electric bikes. Whether you're an active e-scooter user or not, University Circle Inc, [uGo](#) and area institutions like CWRU want to hear your thoughts on the program. Please take a few minutes and fill out the University Circle [shared mobility survey](#). The survey will remain open until January 17, 2020.

December 23 - January 2

[Cuyahoga County Solar Co-op
Rocky River Meeting](#)

Thursday, January 9

6:00 – 8:00pm

Rocky River Public Library

[Building Education Series](#)

[2020 - Outstanding
Sustainable Companies](#)

Thursday, January 16

7:30 – 10:00am

Oswald Building

[Cleveland Seed Bank's
Annual Winter Seed Swap](#)

Saturday, January 25

2:00 – 4:00pm

3606 Bridge Ave, Cleveland

[Green Bag Lunch Series: Dr.
Mike Benard's Research at the
University Farm on
Amphibians](#)

Thursday, January 30

12:00 – 1:00pm

Tink Senior Classroom

[Green Bag Lunch Series: How
Buildings Affect our Health
with Dr. Aparna Bole](#)

Tuesday, February 18

12:00 – 1:00pm

Tink Senior Classroom



**Green Bag Lunch Series: Changing
Ecosystems at the University Farm**
Thursday, January 30 // 12 - 1:00pm
Senior Classroom at Tink

Dr. Mike Benard, will share his amphibian ecology and conservation research that he has conducted at the CWRU Farm and throughout Northeast Ohio. He will speak to how amphibians are affected by climate change, habitat destruction, and pollution.

Dessert and coffee provided.

RSVP on [Eventbrite](#)

Share on [Facebook](#)

Check out on our [website](#)



Prepare your Space for Break

Whether you're moving out of your res hall for over a month or vacating your office over holiday recess, here are a few energy-saving tips to keep in mind to prepare your space while you're gone. Please remind your colleagues:

- Close and lock all windows. If relevant, close blinds
 - Turn off or unplug things that can be: coffee pots, microwaves, desk lamps, night lights, desktop printers, monitors, etc.
 - Be sure to turn off fans and space heaters, better yet, unplug them
 - Turn down your thermostat
 - Turn off the lights
-



Where are They Now: Catherine Kozuch, Former Sustainability Ambassador

Catherine Kozuch, Cat, was a Sustainability Ambassador with our office last academic year on the Food team. She graduated in May 2019 with a double major in International Studies and Environmental Studies. Cat is now working for the City of Dallas as an Environmental Specialist. Her team visits every watershed within a 100-mile radius of the City of Dallas to test the city's drinking water sources. She analyzes water samples, completes bio-assessment studies and issues violations, where needed. Learn more about Cat's story and her trajectory on [our website](#). Great work, Cat!

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