

GREEN YOUR HOLIDAY

The holidays are a time of joy: spending time with family and friends, decorating the home and office, and exchanging gifts. Unfortunately, many of the decorations we use and presents we give are not good for the environment. Here are some tips to make your holiday a little more eco-friendly!



CHRISTMAS TREES: REAL OR FAKE?

Artificial trees are usually made with PVCs (non biodegradable and possibly carcinogenic) and only last 8-10 years.

Real trees are cultivated on farms, decreasing the carbon footprint of the world by producing large levels of oxygen (1 acre of trees produces enough oxygen for 18 people daily!) They can also be used once they die for firewood and mulch!

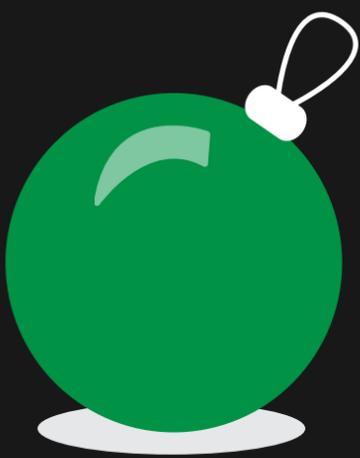
Real trees are the winner!



WRAPPING PAPER ALTERNATIVES

Instead of buying new wrapping paper that inevitably gets thrown away, try using an alternative such as newspaper, fabric, paper bags, maps, recycled gift paper wrap, and reusable gift bags!

Recycle all of the paper afterwards too!



DIY ORNAMENTS

Don't throw away all of those random objects laying around the house like buttons and CDs. Upcycle them into awesome, one-of-a-kind ornaments that you can use or give as gifts to family, friends, and coworkers!

Check out this website for 14 DIY Eco-Friendly Ornaments:
<http://craftingagreenworld.com/2013/11/15/holiday-crafts-14-diy-eco-friendly-christmas-ornaments/>

Sources:

http://www.huffingtonpost.ca/michael-rosen2/fake-christmas-tree-sadness_b_8591756.html