



# RECRUITING MENTORS!

*Seeking mentors in the Cleveland area committed to rooting and growing a food system that works for all.*

The Nourishing Power Network is part of a study testing ways to transform food systems by bridging community power with organizational power to spark and expand food justice initiatives led by the community.

## UPCOMING OPPORTUNITIES TO MENTOR

- Change-makers in the Nourishing Power Fellowship bringing fresh ideas to transform outcomes of the local food system.
- Awardees of the Nutrition Equity Fund igniting collaborative and creative food justice projects led by the community.



## WE ARE LOOKING FOR MENTORS WITH...

- Hands-on experience working collaboratively to realize food justice
- Skills to respectfully guide people in the right direction without overstepping
- Enthusiasm for offering helpful support to others leading community-driven food systems initiatives
- Strong connections and willingness to help others build their own network of connections and resources
- Good listening skills with time and capacity to engage people from different walks of life and experiences

## WHAT IS IT LIKE TO BE A MENTOR WITH THE NOURISHING POWER NETWORK?

- Commit to meet with mentee about once per month over a 6-12 month timeframe
- Offer mentee guidance and feedback as well as connections to other leaders and resources
- Serve as an ally and cheerleader for your mentee amplifying their work if/when requested
- Provide strategic feedback on visioning, action planning, and/or implementation approach
- Help mentee practice pitching ideas and visions so they can secure resources

## COMMON TOPICS ADDRESSED WHEN MENTORING FOOD JUSTICE LEADERS

- GROWING SMALL BUSINESS OR NON-PROFIT
- ACCESSING CAPITAL & GRANT WRITING
- URBAN AGRICULTURE
- MARKETING & SOCIAL MEDIA
- PROJECT MANAGEMENT & EVALUATION
- FOOD & NUTRITION INNOVATIONS
- ENGAGING PARTNERS & TEAMMATES
- REGULATIONS & LICENSING

**Sign Up to Become a Mentor\***



MARY ANN SWETLAND  
CENTER FOR  
ENVIRONMENTAL HEALTH



**FARE**  
Food Access Raises Everyone

*\*Mentors will be matched based on experience and shared interests. Stipends may be available to support mentors.*



# CURRENT OPPORTUNITY

## Mentor a Nourishing Power Fellow

### 2022-23 Fellowship Cohort

This mentorship program will connect each Nourishing Power Fellow with one mentor. Mentors will help fellows develop their ideas and vision to spark and expand food justice for children and families in Greater Cleveland. Mentors also help fellows build a network of connections and resources that will continue to serve and support fellows after the fellowship ends. For the 2022-23 Nourishing Power Fellowship cohort, formal mentorship will be provided from March-July 2023.

#### Requirements of Mentors

- Attend Meet & Greet with fellows on Wednesday, February 22, 2023 from 5-7pm. This is an in-person event with light meal provided.
- Get matched with a fellow based on fellow preferences. There is a chance you will *not* be selected to be a mentor.
- Agree to terms and conditions of the mentorship program.
- Meet with assigned fellow at least four and up to six times (1-1.5 hour sessions) from March-July 2023. Mentoring meetings can occur in-person, Zoom, or over the phone based on preferences.
- Attend Nourishing Power Fellowship graduation ceremony on May 10, 2023 from 5-7:30pm.
- Support fellow as they turn their vision for food justice into plans for action.

#### Expectations of Mentors

- Provide guidance and feedback as fellows refine their vision board for food justice.
- Create "warm hand-off" connections to people and resources relevant to the work of the fellow.
- Provide strategic feedback on the fellow's action plan.
- Practice pitching with fellow.
- Create opportunities to spread the word about fellow's vision for food justice.

#### Optional Stipend

Mentors matched to work with a Nourishing Power Fellow have the opportunity to receive a stipend up to \$300. This amount is based on \$50/meeting with assigned mentee for a total of six meetings.

**Sign Up by Jan. 27th, 2023!**

**Become a Mentor for the  
Nourishing Power  
Fellowship**



*You will be notified by February 3, 2023 if you are selected to attend the Mentor Meet & Greet on February 22nd. We will invite up to 15 potential mentors to match with the 10 fellows.*