



MARY ANN SWETLAND
CENTER FOR
ENVIRONMENTAL HEALTH



Request for Proposals Nourishing Power Network



Building Capacity to Engage Authentically at the Intersection of Race, Power, and Food Systems

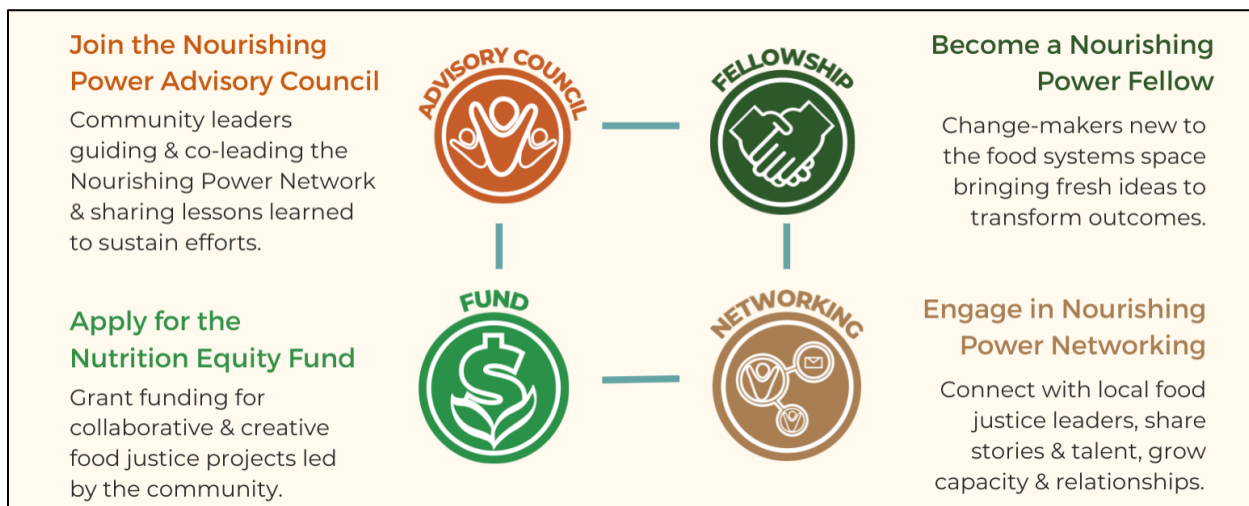
Deadline: February 3, 2023

Maximum Bid: \$4,500

REQUIREMENTS

Background: Nourishing Power Network

The [Nourishing Power Network](#) is a community action research project supported by three organizations in Greater Cleveland: Swetland Center for Environmental Health at Case Western Reserve University, The FARE Project, and Neighborhoods Connections. The Network is committed to rooting and growing a food system that works for Black, Latino/a/x, Asian, and Indigenous communities in the Greater Cleveland area. We seek to achieve this goal by bridging community power with organizational power to spark and expand food justice initiatives led by the community. Launched in July 2022, the Nourishing Power Network is implementing a four-part, systems change strategy to further a culture of nutrition equity in food systems work locally. The four components are designed to meet people where they are based on capacity, skills, and interests.



We hope that these activities will create synergies that result in the following impacts:

- Community Transformation in Black, Latino/a/x, Asian, and Indigenous Neighborhoods
 - Dignified experiences for housing using emergency food strategies to meet basic food needs
 - Availability and affordability of fresh and healthy foods in food stores
 - Greater demand for fresh and healthy foods among consumers
 - Community ownership of food systems work
- Agency and Empowerment
 - Freedom, hope, and dignity in food traditions
 - Community members in key decision making and leadership roles for local food systems work
 - Shared power relationship between community and organizational partners working for food justice
- Health Equity
 - Healthy body, mind, and spirit
 - Food security

CURRENT REQUEST

We are seeking a consultant to support the Nourishing Power Network as it works to build capacity among its Advisory Council (10 community leaders + 2 staff), leadership team (3 organizational leaders + 2 Advisory Council members), and other partners (i.e., Fellows, Mentors) to engage authentically at the intersection of race, power, and food systems. This capacity has been identified as a leverage point to tip the food system to fairness in Greater Cleveland. This is particularly important because of the Network's goal to bridge community power with organizational power to root and grow a food system that works in Black, Latino/a/x, Asian, and Indigenous communities. In short, we need the skills to engage across diverse and intersectional social positions to achieve our bold goals. Specifically, we are seeking a consultant to provide the following deliverables from February 2023 to October 2023.

- **Deliverable 1 – to be completed by March 2023 (approx. 10 hr).** Skill building workshop (2 hr) to help members of the Nourishing Power Advisory Council and the Leadership Team learn and practice skills for sharing and/or receiving feedback about issues or concerns that arise at the intersection of race, power, and food systems. This includes skills for using this authentic feedback to guide future processes and actions of the group. The goal is to align this skill building in a manner that helps us actualize team agreements of the Nourishing Power Network including:
 - **Take space, make space.** All voices are important.
 - **Be fully present.** Limit electronics and side conversations.
 - **Lean into the conversation.** Engage in active listening.
 - **Intent does not equal impact.** Assume good intentions. Be mindful of your potential impact.
 - **Take the lessons, leave the names.** If someone shares something sensitive or confidential, avoid using their name or organization when sharing lessons with people outside of this event.
 - **Have fun!** Meet someone new, try something different.
- **Deliverable 2 to be completed by June 2023 (approx. 15 hr).** Work with the Advisory Council to develop a second skill building workshop similar to Deliverable 1 that is designed for Nourishing Power Fellows, Mentors, and/or other members of the Nourishing Power Network. The workshop would be conducted in spring 2023 with up to 20 attendees.
- **Deliverable 3 – to be completed by September 2023 (approx. 7 hrs).** Serve as an external observer of Advisory Council Meetings and facilitate reflective conversations at the end of the May and September Advisory Council Meetings that allow for processing of issues or concerns that arise at the intersection of race, power, and food systems. Support the team in applying skills learned during the workshop outlined in Deliverable 1. This involves attendance at the Nourishing Power Advisory Council Meetings on these dates. These are in-person meetings.
 - May 19, 2023: 10:30am – 1pm
 - September 22, 2023: 10:30am – 1pm

- **Deliverable 4 - to be completed by October 2023 (approx. 10 hrs).** Debrief lessons learned and insights gathered related to the project deliverables by attending at least five (1 hour per meeting) Nourishing Power Leadership Meetings between January and October 2023. These will be planned in partnership with the consultant at approximately February, March, May, June, October 2023.

Proposal Details for Consideration

1. Company Overview (up to 500 words)
2. Service Offerings (up to 500 words)
3. Racial Equity Philosophy (up to 500 words)
4. Case Studies of Similar Work (up to 1000 words)
5. Professional Services References (at least 2) – include full contact information
6. Proposal (no word limit for each bullet)
 - a. Solution Overview including defining the process you would follow to produce the deliverables
 - b. Project Scope
 - c. Project Team including roles and responsibilities
 - d. Project Timeline including confirmation that deliverables will be met on time
 - e. Pricing Model including breakdown by each deliverable

Additional Details

- Contractor will be required to register as a vendor with CWRU and follow CWRU policies for vendor reimbursement
 - **Have you ever been a contractor with CWRU?** Yes No

Estimated Timeline:
February - October 2023

Submit proposal by January 30, 2023 at 5pm EST to bck51@case.edu.
Please reach out to Brooke Kahl at bck51@case.edu if you would like to set up an initial consultation.