

# Forest City Garden and Orchard

## Five Sankofa

### TRANSFORMATION PROPOSITION

#### What are you offering the community?

Our vision and mission is to inspire and cultivate the ABC's within our communities. Growing and showing how to create sustainable skills that transcend through legacies.

- A- Acquisition of Land
- B- Birthing ideas/children
- C- Chickonomics/Cultivation
- S- Sustainability

### PROBLEM

#### Why is this needed?

People need access to resources, knowledge staffs, capital, and land.

People are not familiar with what our current laws allow us to do when it comes to urban agriculture and selling food, even though it is allowable by our land use laws.

Getting permits through the city and access to capital is difficult.

There are not enough healthy and culturally appropriate foods available and accessible for the diversity of our communities.

### IMPACT FOR NUTRITION EQUITY

#### What's happening with this work in the next 6-12 months?

The impact is inspiring others in the community to look at ways to be sustainable, via farming and raising livestock.

### HOW CAN YOU GET INVOLVED?

- Capital donations
- Equipment donations
- Time investment



Sustainability for legacies



Chickonomics



Traditional Indigenous Midwife

## COLLABORATORS

Who else will work with you to bring this to life?

- Be Beyond Foundation
- East End Neighborhood House Childcare
- Scotts Environmental
- Hands Of Fe
- My children, neighbors, and other community partners



The Story of Andy Taylor...



### Five Sankofa

#### STAY CONNECTED

Add me on WhatsApp: Five Sankofa

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Instagram: [@forestcitygardenandorchard](https://www.instagram.com/forestcitygardenandorchard)

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Five Sankofa is a full circle Traditional Indigenous Midwife and Urban Farmer residing in the Cleveland, Ohio area. More specifically the St Clair Heights neighborhood that consists of Bratenahl and Glenville. As a holistic birth professional Five focuses on the whole experience of birth from preconception guidance to postpartum support up to and beyond one year. Incorporating the importance of self sustainability and nutrition for the whole family.

Five comes to the Nourishing Power Fellowship with a wealth of knowledge and resources that make her a vital asset within the community. And also with a goal to connect with other key people to make her vision a reality. Not only does she assist with birthing our children she plays an active role in the agricultural landscape and growth of Cleveland. Her local farm Forest City Garden and Orchard provides an avenue for her to continue educating the youth on ways to cultivate and raise their food. Bringing her work full circle from her time as an educator with Cleveland schools.

Five's vision is to have access to larger parcels of land to continue raising healthy livestock, cultivate food on rich soil and educate more of her community on how to do the same. Providing community members with healthy and humanely raised poultry and eggs. This vision allows her to create a greater destiny for her legacy and that of others.

Five also enjoys time cultivating her family of 8 children, one grand child, a farm, many animals and her personal growth as a being in this vast world.

