

Seeking teams to apply for the **Nourishing Power Fellowship**



WHAT'S THE GOAL OF THE FELLOWSHIP?

- Grow Your Team's Vision for Food Justice
- Create a Plan for Community Action
- Expand Your Team's Leadership Capacity
- Grow Your Team's Network of Supporters

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"Being a part of the Nourishing Power Fellowship showed me how connected I am to my community. The land of Central called me into action. With the strengthened network I have curated, I am honored to be a resident that gets to make a beneficial change that's supported by the ones who need it most."

Click [here](#) to learn more about the 2022-2023 Fellows

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This Fellowship is one component of the Nourishing Power Network, a community action research project testing ways to transform food systems by bridging community power with organizational power to spark & expand food justice initiatives led by the community.

WHAT ARE THE BENEFITS?

- Increase your team's ability to work together to ignite your vision for food justice.
- \$1,500 stipend per person paid in five monthly payments (\$300 each).
- Affiliation with CWRU, including a CWRU Community Card.
- Coaching & feedback to move your team's vision into community action.
- Networking with potential partners, including other Fellows.
- Skill building to turn ideas into actions for food justice.
- Graduation ceremony & certificate of participation.

**CLICK [HERE](#) TO APPLY
ONLINE!**

**APPLICATIONS DUE:
AUGUST 11, 2023**

Apply online at: <https://tinyurl.com/NP-Fellowship> or scan QR code
Email Us at: nourishingpower@case.edu



MARY ANN SWETLAND
CENTER FOR
ENVIRONMENTAL HEALTH





NOURISHING POWER FELLOWSHIP



IS THIS FOR YOUR TEAM?

Up to 5 teams (10 fellows total) will be selected for the 2023-24 fellowship.

- ✓ Are you a team of two that is passionate about increasing access to culturally relevant and nutritious foods created by Asian, Black, Indigenous, and Latino/a/x food growers and makers?
- ✓ Is your team committed to working together to move your ideas or vision for food justice into a plan of action in Cleveland or East Cleveland?
- ✓ Do you want to learn with others to spark & expand access to culturally relevant and nutritious foods created by Asian, Black, Indigenous, and Latino/a/x food growers and makers?
- ✓ Has your team worked to expand freedom, hope, & dignity in food traditions within Asian, Black, Indigenous, or Latino/a/x, Asian communities?

Fellows must be 18 years old or older. Prior participants in the Nourishing Power Fellowship are not eligible to apply. At least 1 member of your team must live in Cleveland or East Cleveland.

What makes a team?

- 2 people
- Have shared interest in a common goal
- Some experience partnering with each other
- Committed to working together
- Both members available to take part in all sessions

WHAT WILL YOUR TEAM DO TOGETHER?

- Spend about 10 hours per month moving your team's vision into a plan for action by engaging in:
 - 1 orientation session
 - 9 hands-on workshops including skill-building, coaching, feedback, & action planning
 - 4 individual sessions with a staff liaison
 - 6 mentoring sessions providing one-on-one feedback & strategic connections to key resources
 - 3 networking events to connect with others working to spark & expand a local food system that works for all
- Each person will take part in 3 evaluation interviews (additional compensation provided for each interview)
- Graduation ceremony to celebrate your vision & plans for action

2023 APPLICATION INFO

- Application Goes Live: June 15
 - Click [HERE](#) to apply.
- Info Session (Optional): June 14 (6-7pm)
 - Register [HERE](#) for Zoom session
 - Recording will be posted online
- Application Office Hours on Zoom (Optional)
 - June 29 (6-7pm). Register [HERE](#).
 - July 20 (12-1pm). Register [HERE](#).
- Applications Due: August 11 by 11:59PM
- Interviews with Select Applicants:
 - August 28 - September 12
 - 30 minutes via Zoom
- Award Notification by: September 29

2023-24 COHORT SCHEDULE

- Fellowship Begins: November 29, 2023
- Fellowship Graduation: May 8, 2024
- Mentorship continues to: July 31, 2024
- Workshop Schedule (Wednesdays, 5:30-8pm)
 - *November 29, 2023
 - December 13, 2023
 - *January 5-19, 2024 (1-on-1 session)
 - January 24, 2024
 - *February 14, 2024
 - February 28, 2024
 - March 13, 2024
 - March 27, 2024
 - April 10, 2024
 - April 24, 2024

Questions? Contact us at nourishingpower@case.edu

*Indicates Zoom-based (3 total); All other workshops will be in-person with dinner provided.



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