

CASE WESTERN RESERVE UNIVERSITY Mary Ann Swetland Center for Environmental Health

## **2024 ANNUAL REPORT**



Accelerating Progress Towards Environmental Health for All Communities

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The Swetland Center focuses on research, training and education, and community engagement to build capacity for the next generation of scientists to work alongside community partners to promote healthy places for people to thrive. The following report provides an overview of our activities throughout 2024.

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## Director's Note



Darcy Freedman, PhD, MPH DIRECTOR

**6 6** Thank you for your continued support of the Mary Ann Swetland Center for Environmental Health. In 2024, we significantly expanded the Swetland Center's scope, along with Case Western Reserve University's, by launching the SNAP-Ed program in Cuyahoga County. This initiative ushered in five new staff and numerous opportunities to serve the Greater Cleveland community. Additionally, we gained momentum with the Nourishing Power Network, collaborating with its Advisory Council to support two emerging Nutrition Zones in Cleveland, We are now settled in our new home at the MidTown Collaboration Center, which offers exciting opportunities for collaboration with partners. We are grateful for your partnership and trust in our efforts to translate research into practices that foster vibrant communities.

In solidarity,

Duytrut

# **Our Mission and Model**

Studying the complex interplay between environmental drivers and population health outcomes to advance environmental health for all communities.



### Community

Today, the Swetland Center continues Mary Ann Swetland's legacy by building community partnerships to find and scale solutions to redress the environment's disparate impact on communities in Cleveland and beyond. Our communityengaged and action-oriented research maintains a focus on community ownership and translation to foster sustainability.



### Research

The Swetland Center's research investigates environmental drivers of health inequities with the goal of translating our findings into policies, practices, and relationships that promote community and population health. In 2024, this included the Nourishing Power Network, Ohio SNAP-Ed Stakeholder Engagement Project, and Ohio/Pennsylvania University Research Consortium.



## Training

The Center is committed to developing scholars and practitioners skilled to move knowledge into actions that advance environmental health for all communities. Our commitment to training was exhibited through our monthly seminar series, the Daniel Lewis Ravin, MD Award, the Nourishing Power Fellowship, and our ongoing contributions to curriculum development in the CWRU School of Medicine.

# By the Numbers

The Swetland Center prioritizes dissemination of our research using diverse modalities to accelerate translation into data-driven policies and practices that advance environmental health for all communities.



## **Strategic Priorities** 2024 - 2029

Through collaborative, cross-institutional, and multi-sector initiatives led and/or supported by the Swetland Center over the next five years, the Center will leverage the legacy of Mary Ann Swetland and her family's commitment to environmental health to achieve transformative impacts for all communities.

The following report highlights our continued efforts to align our work to these strategic priorities.

## Goal 1

Implement, evaluate, and sustain collaborative research that leads to systems transformation resulting in environmental health for all communities.

# Goal 2

Grow research capacity building opportunities related to our expertise in food systems transformation, environmental justice, communityengaged research, and communitylevel translational science.

## Goal 3

Strengthen and nurture relationships within and across the university, institutions, organizations, and communities to support agile research, training, and community engagement focused on the bold goal of environmental health for all communities.

## Goal 4

Achieve collective impact through shared and synergistic strategies implemented within CWRU's Institute for Population and Community Health and the Swetland Center's new location at the MidTown Collaboration Center.

# *New in 2024* **SNAP-Ed Implementation**





## **Program Overview**

The Swetland Center partnered with The Ohio State University Extension to provide SNAP-Ed in Cuyahoga County. SNAP-Ed is a free, evidence based nutrition education program serving individuals eligible to receive SNAP benefits or other meanstested federal assistance programs throughout Ohio. The program provides education to help people make their SNAP dollars stretch, learn how to shop for and cook healthy meals, and lead physically active lifestyles.

# SNAP-Ed Implementation

#### **Program Highlights**

#### A Growing Team

The SNAP-Ed team hired a Manager along with 4 Program Assistants. Two of the 4 Program Assistants successfully completed a 16-week training, Navigating for Success, through The Ohio State University Extension Office. These Program Assistants completed the National Nutrition Certification Program though Utah State University. All other team members will complete both trainings in 2025.

### 🗹 A Renewed Commitment

Both indirect and direct programming returned to Cuyahoga County in 2024, as new partnerships were established. More than 450 community members in Cuyahoga County attended CWRU's SNAP-Ed programs that launched in Q4 of 2024.

### By the Numbers





### PARTICIPANTS

Attended four (4) sessions at The Centers/Liberty and one (1) at the National Church Residences/Carnegie Tower

### **Indirect SNAP-Ed Programming**



Attended 17 sessions at the Greater Cleveland Food Bank and one (1) session at Fairstead Properties

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## REACH: Community Nutrition Program





## **Program Overview**

The vision of the REACH Community Nutrition program led by the Swetland Center is to ensure anyone in Cuyahoga County can access a produce prescription from their healthcare provider when needed. Working with partners, we seek to:

- Expand the number of clinical sites offering produce prescriptions.
- Increase the number of people in prioritized areas of Cuyahoga County using fruit and vegetable incentives and produce prescriptions.
- Ensure local produce prescription programs are culturally tailored and sourcing as much of their food as possible from local growers and suppliers.

### **Program Highlights**

- 8 individuals recruited to join the REACH Fellowship
- 35 individuals joined the Produce Prescription Working Group
- Hosted the "Produce Prescriptions 101" workshop
- Launched a produce prescription landscape analysis

### **REACH Fellowship 2025 Cohort**



**Holly Davenport** That Brown Girl Spice

Kelli Littlejohn **Dove Legacy** 

Health





**Kedon Newton** MetroHealth **CWRU** 





**Beverly "Codi"** Cody Wholistic Alchemy

Asya "Azzy" **Aretskin-Hariton** MetroHealth



**Rid-All Green** 

Partnership

**Collinwood Friends** 

Garden



Veronica Walton Food Depot to Health

### **Program Success**

One of the two (2) organizations to complete a TA session was awarded funding to expand their produce prescription program to serve patients diagnosed with Type 1 Diabetes.

### **By the Numbers**

Farmers' Markets (FM) using Produce Path to increase customer engagement and expand use of fruit and vegetable incentive programs

\$16,608 Value of SNAP transactions at FMs participating in REACH

373 New individuals enrolled in the Produce Perks fruit and

vegetable incentive program at Produce Path markets

\$15,418

Value of the incentive program transactions at FMs participating in REACH

## **REACH:** Community Nutrition Program

## Nourishing Power Network





## **Program Overview**

The Nourishing Power Network is part of the Nourishing Neighborhoods Empowering Communities study conducted by Case Western Reserve University in partnership with Neighborhood Connections and the study's Advisory Council.

The Nourishing Power Network consists of four components:

- Advisory Council
- Networking
- Fellowship
- Nutrition Equity Fund

## Nourishing Power Program Highlights



#### **Nourishing Power Network**

- 8 fellows graduated in May 2024. Each fellow received a Nutrition Equity Innovation Prize, provided by the Nutrition Equity Fund (NEF) to acknowledge their efforts
- The Advisory Council granted two \$70k awards from the NEF to local collectives working to advance Nutrition Zones
- The Advisory Council granted \$20k from the NEF to support evaluation work of their first grantee, Jardin 4 Life

#### **Telling the Story of Systems Change**

The Nourishing Power Network engaged a marketing firm to develop audio-visual and written pieces on the story of its systems-change strategy, which will be released in spring 2025.

#### By the Numbers

# **\$165K**

In 2024, The Nutrition Equity Fund granted a total of \$165k to community leaders to advance nutrition health for all individuals in Greater Cleveland.

# **\$200K**

Awarded \$200K from the Cleveland Clinic to increase support for community-driven food justice initiatives focused on ending childhood hunger in Greater Cleveland.



2023-2024 Nourishing Power Fellowship Cohort L-R: Janet Nevels, Ridwan Lawal, Katarina Smiley, Narkeita Motaabbed, Cheryl Clements, Vernon Clements, and Mikki Smith (Sonia Cruz Matos was there in spirit)



Throughout the 2023-2024 Nourishing Power Fellowship, five teams of local food justice leaders grew their vision for food justice into action plans that will spark and expand supply and demand for culturally relevant and nutritious foods created by Asian, Black, Indigenous, and Latino/a/x food growers and makers.



Members of the Nourishing Power Network Leadership Team (L-R: Dawn Glasco, Darcy Freedman, Shirley Bell) celebrate their new partnership with Dr. Tomislav Mihaljevic, CEO, President, and Morton L. Mandel CEO Chair of Cleveland Clinic.

## Ohio SNAP-Ed Stakeholder Engagement Project





## **Program Overview**

The Ohio SNAP-Ed Stakeholder Engagement Project to Promote Healthy Food Access (OSSEP) is a partnership between the Swetland Center and The Ohio State University SNAP-Ed Program.The purpose of the OSSEP project is to develop tools for engaging diverse stakeholders, including SNAP-Ed practitioners and SNAP and other low-income consumers, in Policy, Systems, and Environmental (PSE) changes designed to promote healthy food access. The project currently supports the development, implementation, dissemination, and evaluation of two tools:

- Produce Path for Customers (Formerly FM Engage)
- PSE Readiness Assessment and Decision Instrument (PSE READI)

## Ohio SNAP-Ed Stakeholder Engagement Project

### **Program Highlights**

- Completed a six month PSE READI quality improvement project involving 10 SNAP-Ed Program Assistants (PAs) with experience and interest in implementing PSEs in food pantries.
- Completed a five-part workshop series for SNAP-Ed PAs across Ohio on the PSE READI and steps to prepare to implement community nutrition PSEs.

### By the Numbers





Implemented the Produce Path Customer Portal at six markets across Northeast Ohio



Hired five community champions to promote the Produce Path app



# The HEALing Communities Study



# NIH HEAL INITIATIVE

**HEALing Communities Study** 

## **Program Overview**

The Swetland Center supported community engagement strategies within the HEALing Communities Study (HCS). This four state study had the goal of reducing opioid overdose deaths throughout four states:

- Ohio
- Kentucky
- New York
- Massachusetts

# The HEALing Communities Study

All HEALing Communities Study manuscripts, toolkits and other dissemination materials are available online.

### **Program Highlights**

Study goals included, increasing:

- Overdose education and naloxone distribution
- Access to medications for opioid use disorder
- Safer opioid prescribing and dispensing practices

While the intervention ended in December 2023, the four-state team and community partners have assembled a repository of resources for dissemination. In 2024, the HCS team focused on disseminating findings related to the implementation of the Community that HEAL (CTH) intervention in collaboration with The Ohio State University and the University of Cincinnati.

#### By the Numbers

# **36** TAILORED PRESENTATIONS

The HEALing Communities Study delivered 36 tailored presentations across 36 counties in Ohio, along with seven presentations to statewide organizations, 14 presentations at professional and research conferences, and a session at the <u>November Swetland Seminar</u>.



The HEALing team at CWRU, in collaboration with the HCS Consortium, contributed to the writing, editing, and publication of 45 manuscripts. Eight have been published, with the remaining expected to be completed in 2025. Swetland Center team members are currently lead authors on five of these manuscripts.

### OH/PA University Research Consortium



Ohio/Pennsylvania University Research Consortium





## **Program Overview**

Over the past year, the Swetland Center provided convening support for the Ohio/Pennsylvania University Research Consortium. This collaboration between seven universities and nearly two dozen researchers co-led by:

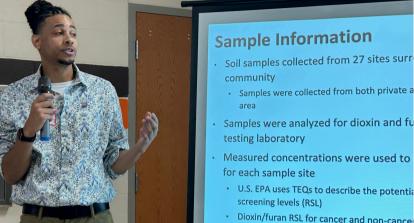
- Case Western Reserve University
- The Ohio State University
- Kent State University
- University of Pittsburgh

The consortium seeks to provide accurate, data-driven information to the East Palestine community following the train derailment in February 2023.

# OH/PA University Research Consortium

All data briefs are available online here.

#### **Program Highlights**



- Samples were analyzed for dioxin and fu
- Measured concentrations were used to
  - U.S. EPA uses TEQs to describe the potentia
  - Dioxin/furan RSL for cancer and non-cancer

Dr. Myron Lard sharing results of soil samples collected near East Palestine at the July 2024 public convening hosted at East Palestine High School.

#### **State of the Science Reports**

The team organized and assessed existing data with the goal of informing the community about what is known and not known. Based on these data, the team developed recommendations and suggested further research to aid the community's efforts in public health and environmental monitoring.



#### **Public Meetings**

Public meetings provided the opportunity to share the consortium's data summaries with interested groups. Hosted in April and July 2024, members of the consortium discussed data briefs and shared recommendations to shape future research.

**CTSC's** Community Engaged Research Support





Dr. Freedman's team was awarded a pilot grant for the Educate to Achieve (E2A) Program: Training to Achieve Optimal Health through Translational Science . Pictured with Dr. McComsey, Principal Investigator of the CTSC of Northern Ohio.

#### **Program Overview**

The Clinical and Translational Science Collaborative (CTSC) of Northern Ohio, a collaborative among:

- Case Western Reserve University
- Cleveland Clinic
- MetroHealth
- University Hospitals
- VA Northeast Ohio Healthcare System
- Northeast Ohio Medical University
- University of Toledo

The CTSC aspires to be a catalyst for high quality clinical and translational science and transformative research to positively impact the health of those in Northern Ohio and beyond. The Swetland Center supports the community engaged research infrastructure of the CTSC.

### **Program Highlights**



Community Engagement (CE) Studios

- Successfully launched the pilot of two CE Studios, supported by insights from the established Vanderbilt model.
- The pilot studios engaged 17 community experts whose feedback was compiled and returned to the investigators to guide their research.
- 40+ individuals expressed interest in either serving as a community expert or facilitating a future CE Studio.

### CTSC's Community Advisory Board

- In July, the Community Advisory Board 2.0 began its term representing various fields and expertise including higher education, nonprofit management, and healthcare.
- Identified opportunities for the CAB to provide insight via consultation sessions for CTSC-affiliated programs and initiatives during bi-monthly meetings.

# TRAINING

Educating the Next Generation of Environmental Health Researchers



#### **Program Overview**

The Swetland Center is committed to providing training and professional development to educate the next generation of environmental health researchers and increase research capacity within our community.

### **Daniel Lewis Ravin, MD Award**

The Daniel Lewis Ravin, MD Award honors MD students and PhD candidates enrolled in the School of Medicine at Case Western Reserve University who show promise in the fields of occupational or environmental health.

#### The 2024–2025 Award Recipients







Nikita Das MD STUDENT Trina Pal MD STUDENT Nikhila Yerabandi MD STUDENT

**Post-Doctoral Success** 



#### Shannon Walker, PhD, MEd, BA

Postdoctoral Scholar Shannon Walker serves as a coinvestigator on an NIH funded project examining "The Role of Medically Tailored Groceries in Mitigating Food Insecurity and Improving Pregnancy Outcomes through Clinic-Community Partnerships." (PI: D. Borawski)

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## **Swetland Center Advisory Council**

Sheila Abraham, PhD Advisor, Environmental Risk Management

**Richard T. Andrews** Publisher & Editor, The Real Deal Press

Mary Burns Community Advocate

#### **Nicole Burt, PhD**

Curator of Human Health & Evolutionary Medicine Cleveland Museum of Natural History

**Crystal Davis** 

Senior Midwest Regional Director National Parks Conservation Association

#### G. Keymah Durden III

Co-Founder, Rid-All Green Partnership

#### Marianne Eppig, MCRP, MA

Trustee, Sears-Swetland Family Foundation

#### **Ruth Swetland Eppig**

Chair, Swetland Center for Environmental Health Advisory Board President, Sears-Swetland Family Foundation

#### Lydia Harrington

*Trustee for the Sears Swetland Family Foundation and Harrington Family Foundation* 

#### **Stephen McHale**

Founder, Explorys, an IBM company

**Torrey McMillan, MA** Director, Center for Sustainability, Hathaway Brown School

Frances Mills, MA Commission of Health, Cleveland Department of Public Health

#### Karen Bolte Mulloy, DO, MSCH

Associate Professor, Department of Family Medicine and Community Health, Case Western Reserve University

#### **Brandy Phipps, Ph.D.**

Associate Professor, Department of Agricultural & Life Sciences, Agriculture Research Development Program Chair, Inter-institutional Network for Food, Agriculture, and Sustainability (INFAS)

#### Kristie R. Ross, MD, MS

Chief, Division of Pediatric Pulmonology and Sleep Medicine, UH Rainbow Babies and Children's Hospital; Associate Professor of Pediatrics, Case Western Reserve University School of Medicine

#### Kurt C. Stange, MD, PhD

Distinguished University Professor and Dorothy Jones Weatherhead Professor, Professor of Family Medicine & Community Health, Population & Quantitative Health Sciences, Oncology, and Sociology Case Western Reserve University

#### **Colleen Walsh, PhD**

School of Health Science, Cleveland State University

#### Shanelle Smith Whigham, MBA Senior VP, National Community Engagement Director, Key Bank

#### Margaret W. Wong, Esq.

President & Managing Partner Margaret W. Wong & Associates Co., LPA

# 2024 Funders

Our work is made possible by the generous and ongoing support of our funders.

Thanks to their shared vision and generous financial support, we are empowered and enabled to do this critical work.



The Andrews Foundation **Case Comprehensive Cancer Center** Centers for Disease Control and Prevention **Cleveland Clinic** Clinical & Translational Science Collaborative (CTSC) of Northern Ohio CWRU Office of Research and Technology Management Foundation for Food & Agriculture Research John Carroll University Donnelly School of Leadership and Social Innovation Margaret W. Wong The MetroHealth System National Dairy Council National Institute of Drug Abuse Prevention Research Center for Healthy Neighborhoods **Robert Reakirt Foundation** Sears-Swetland Family Foundation Sisters of Charity Foundation of Cleveland U.S. Department of Agriculture Vitamix Corporation

## A Look at 2025 and Beyond

As of March 2025, our team is based at the MidTown Collaboration Center (MCC), located in the historic Hough neighborhood. The aim of the Center is to bring multiple sectors, companies and disciplines under one roof to foster a new model for a "both/and" approach to economic development that centers around community.





#### MidTown Collaboration Center 1974 E 66th Street Cleveland, OH 44103

## As we Approach 2025

The Swetland Center specializes in **boundary-spanning** and **collaborative** research and training focused on achieving environmental health for all communities through food systems transformation and environmental justice.

#### We do this through:

- Sustained and trusting partnerships that include multidisciplinary and cross-sector collaborators.
- Responsive and adaptive approaches aligned with emergent environmental health needs and opportunities.
- Community-engaged and action-oriented research with a focus on community ownership and translation.
- Immersive training opportunities strengthening research capacity to address the social and structural drivers of environmental health.



Accelerating Progress Towards Environmental Health for All Communities

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