



Nutrition
Zones



NUTRITION ZONES

THINK TANK FOR POLICY ACTION

SUMMARY REPORT

July 2025

BACKGROUND

The **Nourishing Power Network** was born out of a community action research project testing ways to transform local food systems by bridging community power with organizational power to spark and expand food justice initiatives led by the community.



The **Nutrition Zones Think Tank for Policy Action** was convened by the Nourishing Power Network, NeighborUp, Food Access Raises Everyone, Cleveland-Cuyahoga County Food Policy Coalition, and Mary Ann Swetland Center for Environmental Health at Case Western Reserve University, School of Medicine on June 6, 2025, at the Midtown Collaboration Center in Cleveland, Ohio. 60+ stakeholders from grassroots organizations, institutions, and policy entities united to participate in a day of activities to prioritize policy ideas to move forward Nutrition Zones in Greater Cleveland.

A “Nutrition Zone” is a concept created by the first Advisory Council of the Nourishing Power Network. A Nutrition Zone took the concept of “nutrition equity” and operationalized it for tangible impact locally. The Advisory Council set a bold goal to root and grow 10 Nutrition Zones in Greater Cleveland by 2030.

Through the Nutrition Equity Fund, the Advisory Council of the Nourishing Power Network awarded planning grants to two collectives in Cleveland working to establish a Nutrition Zone in their community. Visit Appendix A for more information on each of these two planning grant awards and their Nutrition Zone work.



A Nutrition Zone is an oasis where you'll find a vibrant and fair food system powered by community-driven solutions and partnerships that foster wealth creation and generate health opportunities for all residents. Nutrition Zones are characterized by a strong collaborative spirit to transform the food system so that it provides pathways for residents to get nourishing foods, access educational and advocacy resources, participate in local growing initiatives, and operate food ventures.



Nutrition Equity

Having freedom, agency, and dignity in food traditions resulting in holistic health (mind, body, and spirit) for people and communities.

GROUNDING IDEAS OF THE EVENT

The Nutrition Zones Think Tank for Policy Action was planned intentionally by a team of local leaders committed to realizing nutrition equity within our local food system. We used the PIPE model to guide the planning process. PIPE stands for: Purpose, Intention, Process, and Environment.

Purpose

1. Create shared policy goals to root and grow 10 Nutrition Zones in Greater Cleveland by 2030.
2. Connect with emerging Nutrition Zones to understand policy opportunities to expand the work of local food justice collectives.
3. Inspire action for policies that will aid in developing and expanding Nutrition Zones in Greater Cleveland.

Audience

1. Grassroots and community leaders committed to food justice.
2. Organizational and institutional leaders dedicated to transforming local food systems for holistic health.
3. Policymakers seeking innovative strategies to enhance community wellbeing.



Intention

1. Develop tangible resources to co-create a policy agenda to root and grow Nutrition Zones in Greater Cleveland.
2. Provide clarity about immediate actions to support our policy agenda focused on developing and expanding Nutrition Zones in Greater Cleveland.
3. Build a sense of connection among ALL attending the event about our shared commitments.



What are “Big P” and “little p” Policies?

“**Little p**” policies primarily influence organizational practices in institutions, agencies, or departments. They can be less labor intensive than “big P” policy changes. They are effective because they can lead to quick wins to build momentum for bigger change.

Examples of “little p” policy change:

- Requiring 50% of all food at meetings sourced by local vendors.
- Restaurant establishes a living wage policy for workers.
- Produce prescription program sources nutrition education from culturally relevant educators.
- Including agriculture education in high school curriculum.
- Hospital invest resident leadership of a Nutrition Zone collective.



“**Big P**” policies include laws, ordinances, budgets, or executive orders at federal, state, or local levels. They typically require elected officials to vote for approval. They often take a longer time to develop, gain buy-in, and move through the legislative process, which may be influenced by groups investing resources to move the policy in one way or another. Though slower, the impact of these policies is far reaching.

Examples of “Big P” policy change:

- State or city-wide tax incentive to purchase from local food business.
- Local zoning ordinance to allow food grown on residential land to be sold under farm business permit.
- County budget includes funding for a composting pilot program.
- Medicaid funding to reimburse for produce prescriptions.
- Allocations in annual county budget to invest in Nutrition Zones.
- Formation of a city or county level Nutrition Zones Task Force with staffing support.

PROCESS

Over the course of many months, the Nutrition Zones Think Tank for Policy Action planning team worked to refine the goals for the day and the best process to achieve those goals. The group broke the day up into five sections, including four activities and a panel presentation. Please see the Appendices for detailed instructions and materials for each activity.

10:00 AM

WELCOME + WHAT? GROUNDING + CONNECTING

10:50 AM

SO WHAT? CONNECTING NUTRITION ZONES TO OUR WHY

11:45 AM

LUNCH + OPEN NETWORKING

12:15 PM

PANEL: NUTRITION ZONES IN ACTION

1:15 PM

NOW WHAT? CROWD SOURCING POWERFUL POLICY IDEAS

2:00 PM

WHAT'S NEXT? CO-CREATING OUR POLICY ROADMAP

3:00 PM

OPEN NETWORKING

Panel Presentation

The panel presentation sought to demonstrate Nutrition Zone work in action and featured one team member from each of the awarded groups from the Nutrition Equity Fund of the Nourishing Power Network. (Left to Right in picture)

- Veronica Walton, Executive Director of Food Depot 2 Health
- Shirley Bell, Founder, RevLove Urban Farm
- Tanisha Velez, President, Jardin 4 Life

The panel was moderated by Morgan Taggart, Director of Food Access Raises Everyone.



1. Introduction of your project/work and what is your vision for a Nutrition Zone or a thriving community food system?
2. With all of the changes in our landscape (i.e., federal policies, funding, inflation, etc.) what does it mean to be developing a Nutrition Zone or community centered food system in this current moment?
3. What is one lesson you want to share with others who want to work as a collective to root and grow a Nutrition Zone?
4. If you had a magic wand, what obstacle would you remove to nourish Nutrition Zones/community-driven food systems in Greater Cleveland?
5. What is next for your team and your work?

OUTCOMES

Unifying Around our Collective “Why”

Why should we work together to root and grow Nutrition Zones in Cuyahoga County by 2030?

- **Improve Nutritious Food Access.** We want to improve access to nutritious foods so everyone can get the foods that they want to live a healthy life.
- **Unify Action.** We want our voices and actions to unite so we form collective power to spark change.
- **Expand Neighborhood Thriving.** We want to improve the places where we live so our neighbors, neighborhoods, and cities can thrive.
- **Grow Financial Sufficiency.** We want our food system to promote economic opportunity so local residents experience improvements in health *and* wealth.
- **Become a Model.** We want to become a model so we can share lessons to expand and sustain Nutrition Zones in Ohio and across the United States.



OUTCOMES

Crowdsourcing Powerful Policy Ideas

Top Ideas to Mobilize Actions to Root and Grow Nutrition Zones

1. **Organize Community Advocates in Every Neighborhood for Collective Action.** Identify a community advocate for each neighborhood to come together with Nourishing Power Network for collective action.
2. **Establish a Centralized Support Team for Nutrition Zones.** Create a centralized support team of trusted, community-centered organizations to bring people together and support the 10 Nutrition Zones.
3. **Grow Resources for School Gardens.** Work together to support gardens at every school.
4. **Food Co-ops in Every Neighborhood.** Collaborate across organizations and communities to establish food co-ops in every neighborhood, selling locally grown food.
5. **Evaluate Impacts for Data-driven Advocacy.** Collect data and demonstrate outcomes by seeing how a Nutrition Zone impacts physical and mental health.
6. **Prevent Gentrification.** Mandate buildings, land, and other spaces throughout Cleveland to be controlled by legacy residents.



FOLLOW UP

Champions to Move Ideas into Action

The goal of the Think Tank was to collectively identify actionable policy priorities to root and grow 10 Nutrition Zones in Cuyahoga County by 2030. Once identified, attendees could self-nominate to become "Idea Champions" to move these ideas forward for 90 days following the event - July 1, 2025 to September 30, 2025. This short-term timeframe is designed to move ideas into actions to grow momentum.

Morgan Taggart, Director of Food Access Raises Everyone, will serve as the Idea Champion Coordinator in the short-term. The Idea Champions will receive a stipend to orchestrate the first action step(s) for each of the policy ideas over a 90-day period. They will also be responsible for reporting out at the end of the 90 days - planned for October 2025. These Idea Champions will not work alone. Rather, they will coordinate with a broader group of partners to move forward on action steps.

Idea Champions were selected and assigned to policy ideas through a post-event survey based on their in-event sign up. Survey responses demonstrated interest in moving forward the three policy ideas listed below.

- Organize Community Advocates in Every Neighborhood for Collective Action, **Champion Chloe Nance-Roland**
- Establish a Centralized Support Team for Nutrition Zones, **Champion Brittany Jones**
- Grow Resources for School Gardens, **Champion Quantia Streeter**



STAY CONNECTED

If you are interested in learning more about Nutrition Zones and the Nourishing Power Network, we invite you to visit our website and engage with us on social media. To subscribe to the newsletter please click [here](#). For questions, please contact Megan at mxp800@case.edu.

- **Website:** case.edu/swetland/community/nourishing-power-network/nutrition-zones
- **Instagram:** [nourishingpower_](https://www.instagram.com/nourishingpower_)
- **Facebook:** Nourishing Power Network
- **Newsletter Sign Up:** case.edu/swetland/community/nourishing-power-network



APPENDIX A

The Arrow Project

Food Depot to Health, along with partners from the East Preparatory Academy, Collinwood Horizons Farm, and multiple community partners, focus on an area stretching across Wards 6, 7, 8, 9, and 10 on Cleveland's east side. Through collaborative planning, deep stakeholder engagement, and the intentional inclusion of resident voices, this plan for several pilots has laid a solid foundation for a sustainable Nutrition Zone. The data collected, partnerships formed, and pilot programs initiated reflect a shared commitment to building a healthier, more empowered community. What began as a vision to transform the local food system has evolved into a dynamic framework that centers community priorities, lifts local leadership, and fosters trust across institutions and businesses. The upcoming implementation of the five community collaboration groups—with over 100 committed stakeholders to continue the work—has the Arrow Project entering its next chapter.

Buckeye/Mt. Pleasant

RevLove Urban Farm in partnership with Buckeye HEAL and FARE have been engaging community members and stakeholders in the Buckeye, Woodland and Mount Pleasant neighborhoods the past six months about how to collectively support a thriving food system. What has emerged is a clear vision for a more equitable food system, a desire for building capacity for food sovereignty through new skills such as homesteading, and more intentional partnerships and resource coordination in order to be more responsive to community initiatives through efforts like Food for All Friday markets with City Fresh. The collaboration will continue this season with the launch of a 4-H pilot program this fall with Buckeye HEAL, a homesteading support community and workshop series at RevLove Urban Farm, and building community support for the fresh food initiative at Rudy's Sunoco on Buckeye Rd. The core partners are continuing to seek additional funding and resources that will support both community programming and capacity building for their respective organizations to support this work.

APPENDIX B

Getting to Know Each Other Activity

Activity #1: Get to Know You

Materials

- Pictures you think of when you hear a Nutrition Zone. These were crowdsourced at registration.
- Definition of a Nutrition Zones visible to everyone

Instructions

1. Each person at the table chooses a photo at the table that represents what a Nutrition Zones means to them.
2. Take turns introducing yourself to the table by describing how the picture chosen reflects your vision for a Nutrition Zone.

APPENDIX C

Connecting Nutrition Zones to Your Why

Activity #2: Connecting Nutrition Zones to Your Why

Materials

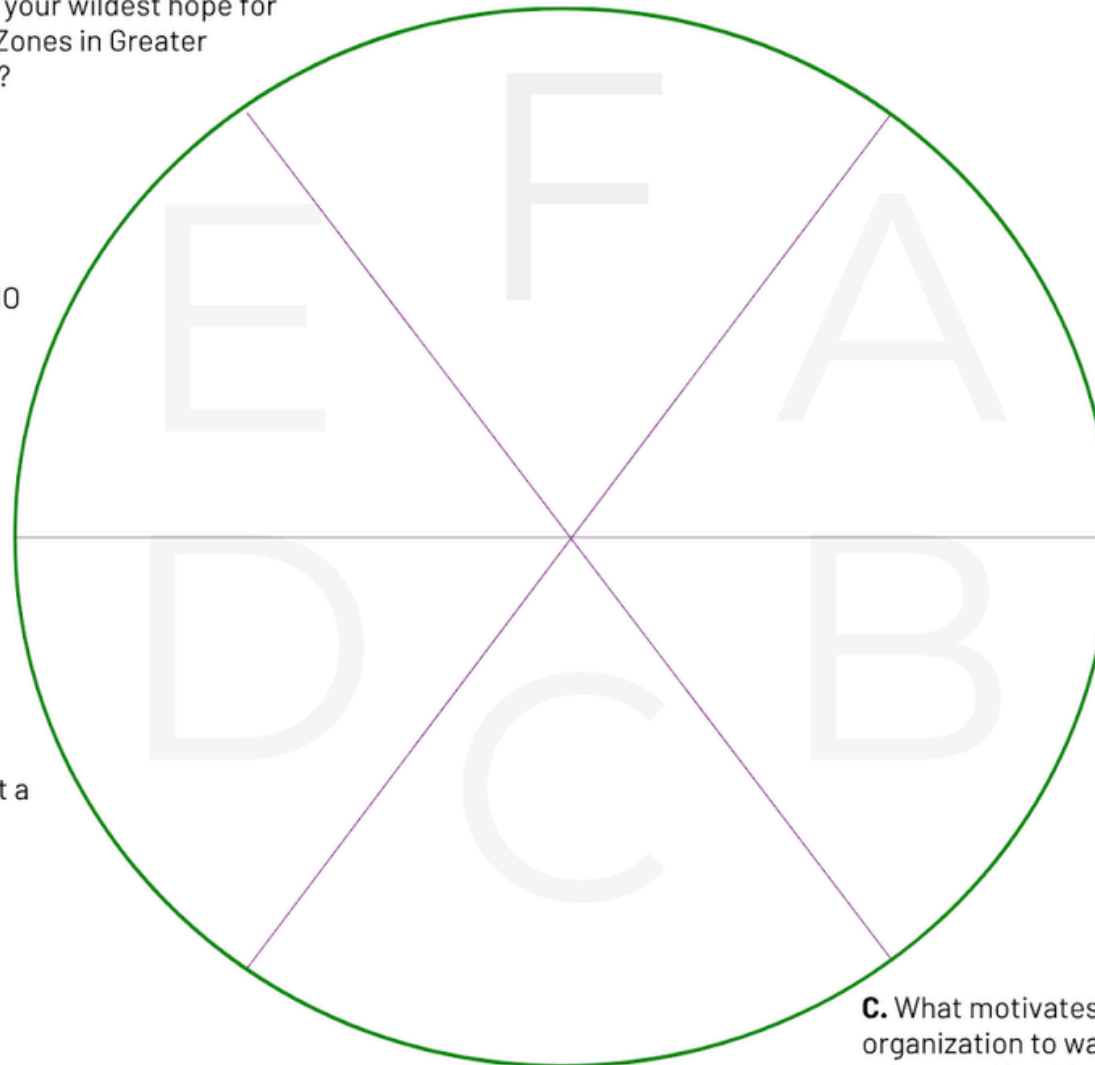
- Printed worksheet
- Pens
- Large sticky chart paper
- Dots for voting

Instructions

1. Spend 10 minutes filling out the worksheet on your own.
2. Spend 2 minutes looking at all of your ideas and circle the TWO on your sheet that would make you or your organization/community invest time, resources, energy, capacity, etc. to grow Nutrition Zones in Greater Cleveland.
3. With your table, each person reports out their top two. Notetaker records the ideas on the large sticky chart paper in a running list.
4. After all ideas are on the chart paper, each person at the table will use their two dots for voting to vote for what would make them or their organization/community invest time, resources, energy, capacity, etc. to grow Nutrition Zones in Greater Cleveland.

All large sticky chart paper is collected and analyzed by a group of people in another room to report out the overall top themes from the entire room. **Raw data and analyzed themes from this activity can be found in Appendix D.**

Activity #2: Connecting Nutrition Zones to Your Why



F. What is your wildest hope for Nutrition Zones in Greater Cleveland?

A. What advantages could YOU gain from supporting the development of Nutrition Zones in Greater Cleveland?

E. Why would someone say NO to rooting or growing a Nutrition Zone?

B. What would be a reason why your boss would SAY YES to supporting a Nutrition Zone? [Boss = anyone shaping your work]

D. If you had a magic wand, what would you do to support a Nutrition Zone?

C. What motivates your organization to want to work with others on Nutrition Zones?



APPENDIX D

Connecting Nutrition Zones to Your Why Raw Data by Summarized Themes

RAW DATA

Please note that the votes listed are the number of additional votes the theme received after suggested by one individual

VOTE	THEME
4	Leverage collaboration to provide fresh and less processed food to diverse populations in Cleveland - access for all
4	Help us come together with one voice instead of individual whispers
4	Everyone has <u>access</u> no matter the social determinants
4	Freedom to grow and create
4	fair access to food for all East side residents
4	how do we get members of the community to believe they can become/live in a Nutrition Zone
4	First two NZs fully funded for implementation & well documented so they can be *replicated*
4	Make my city a better and more joyous place to live
3	Financial burden of food no longer exists
3	Nutrition zones will be a catalyst for other communities/ become a replicable model
3	care about maintaining neighborhood identity and ownership
3	successful collaboration to develop policy for local landscape of self sufficiency
3	everyone to have access to nutritious foods through education and ownership and increased investment in neighborhoods and relationships
3	Building a transformative society to free ourselves from colonial hunger so our children grow up in a nutritional oasis
3	My children growing up in a nutrition oasis in Cleveland + continuing a future and legacy for my community
3	care about maintaining neighborhood identity and ownership
3	make it easier for large institutions to work with grassroots
3	The financial burden of food no longer exists

3	increasing access to and knowledge about food to students
3	Building a transformative society to free ourselves from colonial hunger so our children grow up in a nutritional oasis
3	My children growing up in a nutrition oasis in Cleveland + continuing a future and legacy for my community
3	Successful collaboration to develop policy for local landscape of self-sufficiency
3	Everyone to have access to nutritious foods through education + ownership + increased investment in neighborhoods + relationships
2	make collaboration to uplift existing work/not reinventing the wheel; work is not possible in silos
2	community sufficiency
1	revitalizing and remediating vacant lots and brownfields
1	fruits and vegetables being more readily available
1	cost, lack of knowledge of the importance and impact on the community
1	community empowerment and collaboration
1	EDUCATION - Digestible & fun
1	Growing enough food to sustain from within the city
0	customer for local businesses
0	personal social responsibility
0	my will to stay in the community
0	financial and other resources to support success and failures
0	personal health
0	provide for education and food access a social determinant of health
0	increased investment in neighborhoods and relationships (mutual support) + stability in community
0	increased personal ownership and understanding
0	personal education on community needs and priorities
0	nutrition security through policy, systems, and environmental change
0	Supporting local economy, businesses and vibrancy of local neighborhoods
0	Would help city of Cleveland become a destination
0	Increase Demand for compost and high-quality soil to grow food in our community
0	Incorporate local offices in the policy movement
0	seeing the nutrition zones materialize by 2030
0	it aligns with the vision to eradicate poverty

APPENDIX E






Crowdsourcing Powerful Policy Actions

Activity #3: Crowdsourcing Powerful Policy Actions

Materials

- Large note cards/paper
- Pens
- Bell

Instructions

1. Invite everyone to think big and bold and discover the most attractive of their ideas together by asking, “If you were ten times bolder, what big idea would you recommend to root and grow 10 Nutrition Zones in Greater Cleveland by 2030?”
 - a. Take 5 minutes to record your ideas.
 - b. Write legibly because these will be passed around.
2. Mill and Pass Only Round 1.
 - a. No Reading. Walk around the room and pass around cards. Do not read the cards. Just keep passing them around. Try to move about the room. Stop passing when the bell rings.
3. Read and Rate Round 1. Each person will read the card in their hand and rate the idea. To what extent is this idea impactful and feasible as we work to root and grow 10 Nutrition Zones in Greater Cleveland by 2030?
 - a. **Low Priority | Low impact, not feasible**
 - i.  Avoid—little to no return and difficult to implement.
 - b. **Moonshot | High impact, not feasible**
 - i.  Inspirational—worth keeping in mind for future innovation, but not actionable now.
 - c. **Low Hanging Fruit | Lower impact, feasible**
 - i.  Quick wins—easy to do, but limited payoff.
 - d. **Solid Opportunity | Moderate to high impact, moderately feasible**
 - i.  Worth pursuing—balanced effort and reward, may require planning.
 - e. **Best Bet | High impact, feasible**
 - i.  Priority focus—maximum value and achievable with current resources.

APPENDIX E

Crowdsourcing Powerful Policy Actions cont...

4. Repeat the Mill + Pass (Step 2) and Read and Rate (Step 3) four more times for a total of 5 rounds.
5. Add up the numbers on the back. Numbers should be between 5 and 25.
6. Identify the top 5 ideas by score.
7. Does anyone have a 25? Does anyone have a 24? Etc. until 5 have been identified.
8. Send the top 5 ideas to the front of the room.
9. Have everyone else turn in the cards they are holding to a central place and return to their seats.

All of the raw data for this is available in Appendix F.

This activity was adapted from Liberating Structures. Information can be found on their website here: <https://www.liberatingstructures.com/12-2510-crowd-sourcing/>.

Printed on a half sheet of paper, front and back.

If you were ten times bolder, what big idea would you recommend to root and grow 10 Nutrition Zones in Greater Cleveland by 2030?



- 1. **Low Priority** | Low impact, not feasible
■ Avoid—little to no return and difficult to implement.
- 2. **Moonshot** | High impact, not feasible
■ Inspirational—worth keeping in mind for future innovation, but not actionable now.
- 3. **Low Hanging Fruit** | Lower impact, feasible
■ Quick wins—easy to do, but limited payoff.
- 4. **Solid Opportunity** | Moderate to high impact, moderately feasible
■ Worth pursuing—balanced effort and reward, may require planning.
- 5. **Best Bet** | High impact, feasible
■ ■ Priority focus—maximum value and achievable with current resources.

	Round 1	Round 2	Round 3	Round 4	Round 5
VOTES:	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>

TOTAL: /25

APPENDIX F

Crowdsourcing Powerful Policy Actions Raw Data

TOP 5 IDEAS:

1. Each neighborhood would have a representative or advocate. Those representatives would come together with Nourishing Power Network for collective action.
2. Have a centralized support team (Neighborhood Connections, FARE, and CDPH) that already has community relationships and trust to be the support to bring people together for the 10 Nutrition Zones for metrics, funding, and love to build sustainability.
3. Gardens at every school, food co-ops in every neighborhood selling locally grown food.
4. Collect Data. Choose a Nutrition Zone to pilot for several years, collect health baseline data and then after several years see how Nutrition Zone has impacted physical and mental health.
5. Preventing gentrification by mandating buildings, land other spaces throughout Cleveland are owned by legacy residents.

ALL OTHER IDEAS:

Idea	Vote 1	Vote 2	Vote 3	Vote 4	Vote 5	Total
Have a centralized support team (Neighborhood Connections, FARE, CPHD) that already has community relationships and truth to be the support to bring together the 10 zones for metrics, funding, love to build sustainability	4	5	5	5	5	24
Each city/neighborhoods have an in-city Nourishing Power Network representative/advocate to help foster every section in Cleveland. Then, all City reps are represented in NPN in a collective voice and mission	5	4	5	5	5	24
Gardens at every school, food coops in every neighborhood selling locally grown foods	4	5	5	5	4	23
Collect Data - choose a Nutrition Zone to pilot for several ____ - collect health baseline data - then after several years see how the NZ has impacted physical and mental health	5	4	4	5	5	23
Prevent gentrification by mandating building, land, other spaces throughout Cleveland are owned by legacy residents	5	5	4	4	4	22
Bold funding that priorities local ownership and circular economy	4	5	2	5	5	21

Issue an RFP (funded by the local government) with a competition to design and run for one year YOUR vision of a successful Nutrition Zone. Metrics and Evaluation would be managed by a cross-sector community-led ____ to assess then replicate the most effective model for implementation elsewhere	4	4	5	4	4	21
Ask for funding to create urban farms in blighted neighborhoods and/or underserved communities	4	4	4	4	4	20
Prevention education based upon the microbiomes (soil gut) food choices (agriculture first, soil, environment, preconception, child development, optimizing a child's given potential)	4	3	5	3	5	20
Invest \$20,000 into each Zone for local food leaders to implement their goals in their Zone	4	4	4	4	4	20
Map out zones and host meeting to draw lines for purpose of funding	4	4	4	3	3	18
Continuing the collective effort and power of organizations doing food systems work. The connection and collaboration of multiple folks/orgs is necessary to root and grow 10 Nutrition Zones	4	1	3	5	5	18
Bring in a new grocery store that sells healthy foods in a food desert	5	4	5	0	4	18
Education, hands on experience to developing a healthy food source in Kinsman and Central neighborhoods	3	4	3	3	4	17
Replace the food in stores with nutrient dense foods. Turn our food dessert to a place to purchase and eat REAL food.	4	4	5	2	2	17
Regularly attend council meetings and be involved in other similar spaces where decisions are made. Advocating for funds, resources, and services for and increasing awareness of the importance of Nutrition access.	2	3	3	4	5	17
Taking over the gas stations so that the most convenient food available is better quality	4	2	4	4	2	16
Bring everyone to the table having the needed conversations (city officials, residents, and grassroots organizations)	5	2	4	3	2	16
Establish a policy that requires ALL private organizations to provide at best RO% of resources to Nutrition Zones	4	5	3	2	2	16

Create City Council working group with \$10 million over 5 years to invest in 10 groups who are collectively developing, implementing, and learning together to link together these Nutrition Zones	4	5	2	2	2	15
Establish a Food Equity Fund from the City to support Nutrition Zones	4	2	2	2	5	15
Partner with community financial coalition to create a financial ecosystem	4	3	3	3	1	14
Create or bring back the food policy coalition but make it bigger and better!!	3	3	5	2	1	14
Freely engage with the families/people of each community, getting to know them to bridge (minimize) the gap in understanding of Nutrition Zones so they feel empowered to support/grow/sustaining their respective Zones	2	4	2	4	2	14
Redirect a dramatic % (50%?) of federal block money and CDC funding into direct action subsidy/fund (i.e. gardening for green backs)	3	2	3	2	3	13
Create a big online group where we can communicate (Slack, LinkedIn)	3	4	1	2	3	13
Work to see that the Nutrition Zones could provide free boxes/meals on consistent basis to lowest income community members without needing to waitlist them/require payment	3	2	2	2	4	13
Tax levy to ensure equitable food access is considered a public good	2	4	2	3	2	13
Create nonprofit to oversee this- staffed by/board from experts from all sectors and socio-economic levels, funded and executed neutrally	3	1	5	2	1	12
Somehow approaching urban developers to incorporate shared gardens that are open to the entire community - make this a city-wide policy	3	3	3	1	2	12
Fund 10 Nutrition Zones at \$1 million annually for the first 5 years	2	2	2	2	3	11
Everyone in Greater Cleveland commits 1 hour a day to growing food	3	2	2	2	2	11
Building agroecological districts, decentralized agricultural processing units and equity-centered governance models	2	1	3	1	4	11
Discover food champions with trusting _____ in 10 Greater Cleveland neighborhoods to (with low food access) and support and guide them to build zones.	3	4	1	1	1	10
Tax the rich	2	1	1	2	1	7

APPENDIX G

Co-Creating Our Policy Roadmap

Materials

- Paper Plates
- Pens/Markers
- Worksheet (Appendix F)

Instructions

1. Read aloud the top 5 ideas.
2. Have everyone in the room vote with their feet for what idea they want to work on for the next HOUR.
3. Within each idea group, make smaller groups of no more than 7 people.
4. Have one person collect a stack of paper plates and a worksheet from an event volunteer.
5. Gathering somewhere in the event space, each person writes down a tactic or action that they think will help move to this big idea. Think about things that can be done in the next 30 days, 60 days, and 90 days.
 - a. Rule: One tactic or action per plate = 3 total per person
6. Once everyone has completed their three paper plates, each person puts down on the ground their plates in order from where you are now to where you want to be – your big idea. Try to organize them based on what can be accomplished in the next 30 days, 60 days, and 90 days. The goal is to have a general sense of timeline and ordering. No need to worry about perfection!
7. Label the back of your plates as follows:
 - a. 30 days – Step 1, 30 days – Step 2, 30 days – Step 3, Etc.
 - b. 60 days – Step 1, 60 days – Step 2, Etc.
 - c. 90 days – Step 1, 90 days – Step 2, Etc.
8. We will summarize these for everyone to review after the meeting.

APPENDIX H

Co-Creating Our Policy Roadmap Worksheet

Big Idea:	
Group Members:	
People	Organizations
Places	Resources

APPENDIX I

Raw Data from Policy Idea #1

Big Idea:	Each neighborhood would have a representative or advocate and those reps would come together with NPN for collective action					
Additional Assests Needed						
People	Organizations	Places	Resources			
ACTION STEPS						
30 DAY STEPS						
1	Create a role description for what the neighborhood rep/advocate is expected to do					
2	Create an impact statement for what this is useful, how to do it, who it is for, etc. and develop 3 goals from this					
3	Catalog current NP members by neighborhood to identify current advocates and gaps					
4	Develop outreach plan to identify and recruit advocates from neighborhoods					
5	Collect with rec centers, multiple buisness owners to gauge community interest, plan programming and events that will support the movement					
60 DAY STEPS						
6	Offically "swear in" neighborhood representatives and have first meet up					
7	Develop a more NPN-like model with west, east, central neighborhood reps and the chairs coordinate it all					
8	Flyer within the neighborhood for events and programming to build towards collaboration with Nourishing Power Network					
9	Begin development of toolkit/playbook for neighborhood advocates regarding how to build a neighborhood-based equitable food system					
10	Begin sharing of the best practices to develop food systems amoung advocates (incude shadowing and site vists with further developed neighborhoods)					
11	Begin developing a catalog of neighborhood resources/assets related to food systems in neighborhoods new to NPN					
90 DAY STEPS						
12	Neighborhood advocates begin convening people and resources in their neighborhood that are potential components of a local food system. Identify the gaps.					
13	Start planning community events with the new relationships formed with neighborhood advocates. Help gain trsut and reconignion with community members					
14	Reps downloand information gathered from the NPN events and algin community members into planed directions that the collective of NPN approves					
15	Begin development of strategic plan for each neighborhood's development of a local food system					

APPENDIX J

Raw Data from Policy Idea #2

[illegible]

APPENDIX K

Raw Data from Policy Idea #3, Group 1

Big Idea:		Gardens at every school, food co-ops in every neighborhood selling locally grown food				
Additional Assests Needed						
People	Organizations	Places	Resources			
Council People	Lincoln West HS	Hawken School	OSU Extension Programming			
School Admin	Food Strong	CWRU	MedPub			
Local non-profits	FD2H	UH	Government Programs/Incentives			
Residents	RidAll	CC	Nourishing Power Network			
Students/families	Coit Road Farmers Market	Metro Health				
	GCFB					
ACTION STEPS						
1	Find where the need is greatest for fresh and nutritious food/produce					
2	Identify what services and resources they already provide, strengths and areas thye can improve he existing services while planning a pilot of new ways to bbetter service the community					
3	Research organization within the community that has foo co-op and resach out to have a collaboration meeting; identify partners and host meeting; identify collaborations/partnerships					
4	Based on identified next step and supports needed to scale efforts, build a coalition of community leaders to implement more gardens and coops selling locally grown foods; learn best practices from existing work; gather resources and support					
5	Research out to target audiences on social media, do polls to further identify specific needs or community, then plan health fairs					
6	Establish plan of action with 5 schools and 10 farmers markets to pilot an idea; involve students/volunteers for fundraising for supplies and resources to start growing					

APPENDIX K

Raw Data from Policy Idea #3, Group 2

Big Idea:		Gardens at every school, food co-ops in every neighborhood selling locally grown food			
Additional Assests Needed					
People	Organizations	Places	Resources		
Youth/students	AHA	Central	Grant database		
Council people	CDC	Scools	Funding		
Organizational lea	Schools	Vacant lots	Land		
Policy advocates	Food Strong	Vacant retail	IT platform		
Ambassadors	RidAll	Food apartheid	Staff/people power		
	ReSource Cleveland	Central group and	Volunteers		
	Vilaeg Fam Farms		Marketing		
	Coop Circles				
	Founders				
	Land Bank				
	Policy Orgs				
	Block Clubs				
	CKWC				
	Nurseries				
ACTION STEPS					
1	Audit organizations, schools educators, create a map and look for gaps, create a data base				
2	Build the framework: curriculum, outreach to areas who are in the gap, engagement of people, organizations and places, convening of people				
3	Implementation: pilot programming (CKWC farm stop), timeline, action steps beyond 90 days				

APPENDIX L

Raw Data from Policy Idea #4

Big Idea:		Collect Data = Nutrition Zone pilot for several years, looking at changes in different data points looking at impact on physical and mental health					
		Additional Assests Needed					
People	Organizations	Places	Resources				
		ACTION STEPS					
30 DAY STEPS							
1	Determine who will be on the planning team						
2	Identify Swetland staff or other researchers who will provide input and analyze the data						
3	Determine partners/sources for the data collection (schools, public health entities, hospitals/medical facilities, etc.); landscape assessment						
4	Literature review on research similar to nutrition zones, mental health, and data collection						
5	Identify participants to be involved in data collection (who needs to be at the table to pull data together, what data will be collected, establish what outcomes need to be met and by when)						
6	Use CHNA to understand preliminary baseline data (and/or the youth risk surveillance survey)						
7	Conduct a landscape assessment/decide on pilot cities/areas based on need (determine what the NEED is: i.e. access to resources, availability, income level, chronic disease rates, etc.) then narrow down to top 3						
60 DAY STEPS							
8	Create recruitment strategic plan to ensure each community and org within the community is represented and understands what is need to collect data						
9	Recruitment: Look for organizations to be willing to submit data, gather buy in to the "why" it needs to be done, put together infrastructure on how data will be collected and where it will be stores and how it will be						
10	Create data collection plan to present to schools and organizations						
11	Gather baseline data of pilot cities						
12	Develop community/institutional partnerships to implement 10 nutrition zones throughout the County						
13	Build relationships within community/institutional partnerships to support group cohesion and sustainability						
14	Develop questionair key points for evaluation children/adult health, physical/mental health, schools and seniors						
15	Deteremine which nutrition zones to pilot						
90 DAY STEPS							
16	Present/pitch data collection plan to possible schools and organizations to see if they want to partner						
17	Establish how the data will be tracked/measured/evaluated						
18	Begin to put together all infor to ready program to be shared out with participants						
19	Recruit volunteers/organizaations to survey in multiple form (electronic, communitiy events, door to door, mail-in, ask employees, student volunteer hours)						
20	Community institutional/partnerships implement the 10 Nutrition Zones						
21	Pray						