



OHIO SNAP-ED

Better food choices for healthier Buckeyes

SNAP-Ed (Supplemental Nutrition Assistance Program Education) was a free, evidence-based nutrition education program for those who receive or are eligible to receive Supplemental Nutrition Assistance Program benefits (previously known as Food Stamps). SNAP-Ed was designed to serve low-income populations and helps participants stretch SNAP dollars, learn healthy cooking and recipe ideas, and engage in physical activity.



SNAP-ED HIGHLIGHTS - CUYAHOGA COUNTY (FY25)



PROGRAM SESSIONS

593 SNAP-Ed program sessions were completed from October 2024 - September 2025.



SESSION FORMAT AND CONTENT

Interactive education included **3-24 sessions** based on site interest. Surveys were given at the beginning and end of a series to measure behavior change. **Favorite topics** included:

- Let's Meet MyPlate
- Stretching SNAP Dollars
- It's All About the Sugar
- Fruits and Veggies



PARTICIPANTS

792 unique individuals took part, resulting in **4,685** participants (duplicated) engaged in SNAP-Ed programming. Most identified as female (56%) and Black (75%).



PARTNER SITES (N=23)

Greater Cleveland Food Bank * Hunger Network * CWRU Food Pantry * National Church Residences * Sisters of Charity * Haven Home * The Centers Recovery Housing * The Centers Workforce Development * The Centers Head Start * Catholic Charities Head Start * Catholic Charities Senior Programming * Cuyahoga Metro Housing Authority (CMHA) * Providence House * East Cleveland Neighborhood Project * East Cleveland City Schools * Saint Martin de Porres High School * University Hospitals Rainbow BabyCafe * Discovery Point Early Learning Center * AdvantageCLE * KD&D HUD Housing * Thrive for Change * The Friendly Inn * Boys and Girls Club of Northeast Ohio



PROGRAM LOCATIONS

All programming occurred at trusted locations in the community. The **most common types of sites** were:

- Early care and education
- Public housing
- USDA summer meal sites
- Senior centers
- K-12 schools

