

CPT WORKSHOPS - SPRING 2026

Curricular Practical Training (CPT)

Are you an F-1 Student visa holder interested in applying for an off-campus experience?

You will need to complete a Curricular Practical Training (CPT) Workshop and Assessment before you can submit an application and be authorized for CPT!

You can watch the CPT Workshop online [HERE](#) anytime or you can register for and attend a live Zoom session hosted by an advisor with the VISA Office.



Scan this code with your phone to register!

Live Zoom Session Schedule

[February 6 \(Friday\) | 2pm – 3pm ET](#)

[March 27 \(Friday\) | 1pm – 2pm ET](#)

[April 9 \(Thursday\) | 10am – 11am ET](#)



OPT WORKSHOPS - SPRING 2026

Optional Practical Training (OPT)



Attention F-1 student visa holders who are graduating this semester!

Are you interested in working in the U.S. after graduation?
Don't wait to prepare for the OPT application!

- All students are required to participate in an OPT workshop during the semester in which the plan to apply for OPT
- These workshops are about 2 hours long and cover every aspect of the OPT application and OPT status
- You can either watch the OPT workshop online [HERE](#) anytime or register for and attend a live Zoom session with a VISA advisor
- Information about these options is also available on [our website](#)

Live Zoom Session Schedule

[February 17 \(Tuesday\) | 10am – 12:30pm ET](#)

[February 27 \(Friday\) | 2pm – 4:30pm ET](#)

[March 17 \(Tuesday\) | 3pm – 5:30pm ET](#)

[April 3 \(Friday\) | 2pm – 4:30pm ET](#)

[April 16 \(Thursday\) | 4pm – 6:30pm ET](#)

[May 5 \(Tuesday\) | 11:00am – 1:30pm ET](#)

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