



Why Should You Participate

Completing a screening gives you the knowledge you need to identify your health risks and transform your health. Schedule your screening today!

About Your Program ▶

Wellness Screening

To get started, select a screening method below.

Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

Schedule a Screening ▶

How to complete a screening using a Physician Results Form from a mobile device

- Visit [My.QuestForHealth.com](https://my.questforhealth.com)
- If you've already established an account, use the **Log In** area to enter your **username** and **password** and select the green **Log In** button
 - If you've forgotten your login information, use the **password** link to reset your password or the **username** link to retrieve your username
- If you've never registered on the site to establish an account, use the **Create Account** area
- After logging in or registering, you will be taken to your dashboard

Please note: these screenshots are based on 345 px resolution (an iPhone 6); actual screens may vary due to responsive design



Onsite Event

Attend a wellness event at work or a location designated by your organization.

[Make an Appointment ▶](#)

Physician Results Form

Submit results from a screening performed by your physician.

[Order Form ▶](#)

At-Home Test

Materials will be sent to your home to complete a screening.

[Order Materials ▶](#)

- To complete your screening using a Physician Results Form, in the **Wellness Screening** section, under **Physician Results Form**, select the **Order Form** button



Blueprint
for WELLNESS®



Thank You, Allison!

Your wellness screening is has been created as a Physician Results Form, download it below.

Physician Results Form

[Download Form ▶](#)

Tests needed to be completed:
Jan 1, 2017-Dec 31, 2017

Form must be returned by:
Sat, Dec 17, 2017

[Back to Dashboard](#)

Next Steps

- 1 Take your [health questionnaire](#).
- 2 You can fax your form to xxx.xxx.xxxx or [upload it](#).

For questions, contact the Health & Wellness Service Center:
1.855.623.9355.

- After arriving at the **Confirmation** screen, you can select the green **Download Form** button to download and print your personalized form
 - Verify that all of your personalized information in the form is accurate and have your physician complete the form
 - Please note the range of dates when the test must be completed and the deadline to return the form
- select the green **Back to Dashboard** button to return to the dashboard



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LABORATORIES



Scheduled

Physician Results Form

You have downloaded your form.
You can fax it in or upload it to the
right. You can also [download your
form here](#).

Cancel



Upload Form



 [Need More Appointment Information?](#)

After your doctor completes the form, there are two options for submitting the form to Quest Diagnostics:

- You may fax the completed form to the fax number indicated on the form, or
- You may submit your completed form to Quest Diagnostics electronically by selecting the **Upload Form** button on the dashboard
- If there is no upload button on your dashboard, your employer requires that you fax in your form by following the instructions on the form



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Upload your form

Upload file



Change Form ▶

Input your results

Date Test(s) Performed



Height (feet)



Height (inches)



- After selecting the green **Change Form** button, browse your device for the file
- In the **Input Your Results** section, validate your form by entering the measurements shown on your form
- After filling in all required information, select the green **Submit** button
- You will receive an email as notification whether your form has been processed or rejected for any reason