2018 CWRU Wellness



2,340

faculty/staff participated in at least ONE program



GOLD

After one Bronze and two Silver awards, the CWRU Wellness Program achieved Gold Medal status in 2018

100%

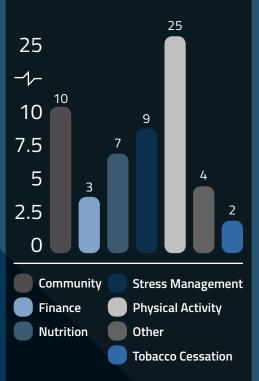
of Books@Work participant said they would recommend it to a friend AND sign up again

1,335

Flu Vaccinations were distributed in the fall of 2018

60

Programs or classes we offered in our SIX+ main Program areas



2,147

Faculty/staff completed the biometric screening, health risk assessment and tobacco attestation in the fall of 2018 **1,007** pounds

Amount of weight lost by WW participants in 2018

case.edu/wellness/facultystaff