

2018 CWRU Wellness



2,340
faculty/staff
participated in at
least ONE program



GOLD
After one Bronze and two
Silver awards, the CWRU
Wellness Program achieved
Gold Medal status in 2018

100%
of Books@Work
participant said they
would recommend it to a
friend AND sign up again

1,335
Flu Vaccinations
were distributed
in the fall of 2018

2,147
Faculty/staff completed the
biometric screening, health
risk assessment and tobacco
attestation in the fall of 2018

1,007
pounds
Amount of weight lost by
WW participants in 2018

