What is Books@Work?
Books@Work is a three-month series of regular literature discussions with a local college professor, but without grades, tests or judgment. We provide the books (you keep them) and a professor, you bring your curiosity and your colleagues.

Why is Books@Work a Wellness offering?
• It builds networks and opportunities to connect
• Scientific evidence demonstrates that social connection is a crucial component of workplace wellness making for healthier individuals, teams and organizational cultures!

Program Satisfaction (n=1,193)
93.3% would participate in the program again.
91.4% would recommend Books@Work to a friend.
91.4% found Books@Work worthwhile.

What do we read?
Books of all genres and styles. This includes:
• Fiction
• Non-fiction
• Mystery
• Science Fiction, and much more...but not Business or Self-Help.

The first month, we choose a book based on the interests you share in the survey. Each following month, we offer a selection of books for you to choose from together as a group.

Where & When?
To find out about upcoming programs, contact Mary Ann Dobbins at mxd490@case.edu
Or go to case.edu/wellness/facultystaff

To sign up for Books@Work at Case (or to ask questions), please contact Elizabeth Click (erc10@case.edu) or Mary Ann Dobbins (mxd490@case.edu). Wellness incentives apply, subject to normal guidelines.