

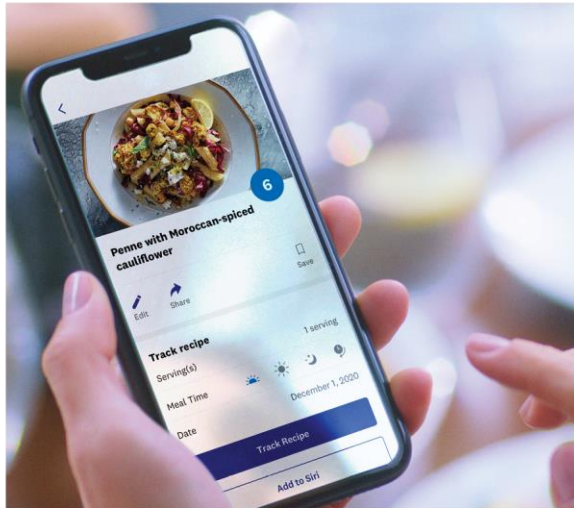
# Discover the real WW

Backed by the latest science and made for real life, WW (Weight Watchers® reimagined) is a leader when it comes to wellness. Here, just a few of the reasons we chose WW as our partner—and why you can trust them with your weight and wellness goals.

1

## Doctors recommend WW

WW is the #1 doctor-recommended weight-loss program according to a new survey of 14,000 doctors\*. But that's not all: WW has been named the #1 Best Diet for Weight Loss 11 years in a row by U.S. World & News Report.



## 2 The WW app can help make success easier

WW members love the award-winning WW app! It's packed with tools that help members stay on track—wherever they are—including food and activity trackers, on-demand workouts and meditations, personalized recipes, around-the-clock live Coaching, and so much more.

## 3 WW Coaches are *real people*

Not bots! These WW-trained experts know what it takes to succeed. Through in-app chat and in-person and Virtual Workshops, WW Coaches motivate and support you at every step of your journey with must-know strategies—and their own success stories.



4

## WW isn't just about weight loss

The new *myWW+* goes beyond food and weight loss to help you move more, sleep better, and shift to a healthier mindset. Better yet, it starts with a personal assessment that customizes the plan to you and your goals.

5

## WW is grounded in science

Backed by published papers and randomized controlled trials, WW's modern weight-loss program is guided by a group of innovative psychologists, nutritionists, and other experts. This team regularly partners with universities to conduct clinical research, ensuring that the program is rooted in the best science.

## Reach your goals with WW!

All benefits eligible employees can get an exclusive discount of 50% off the retail price and join now for as low as \$8.48 per month. Sign up or learn more at [WW.com/us/CWRU](https://www.weightwatchers.com/us/CWRU)