Your Time to Shine

Those weight-loss and wellness goals you’ve been waiting on? This is your year to reach ’em with WW’s groundbreaking NEW PersonalPoints™ Program.

Unlock an individualized plan based on your body, your goals, and the foods you love—no two plans are the same. 

Increase your food Budget by eating non-starchy veggies, drinking water, and being active. 

Stay supported with easy-to-use app tools, 24/7 Coaching, and a community you can lean on.

Make 2022 a Year to Remember!

**† FREE Start Strong Kit offer:** Get free kit when you buy eligible WW plan bet. 1/1/22-2/28/22. Avail. only where WW plans are offered thru your employer/health plan, in participating areas only. 1 kit/member. Redeem kit by 3/11/22. While supplies last. Kit contents may vary. $100+ value incl. $50 in coupons. U.S. addresses only. Allow 3-4 wks for delivery. Offer not avail. to current members. Can’t be redeemed for cash. Nontransferable. Offer subject to change without notice.

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**Join WW today!**

**1.** Sign up at [**WW.com/wellness**](https://www.ww.com/wellness) and enter Access ID: **21123**

**2.** Get your WW Start Strong Kit at   
[**WW.com/strong2022**](https://www.ww.com/strong2022)