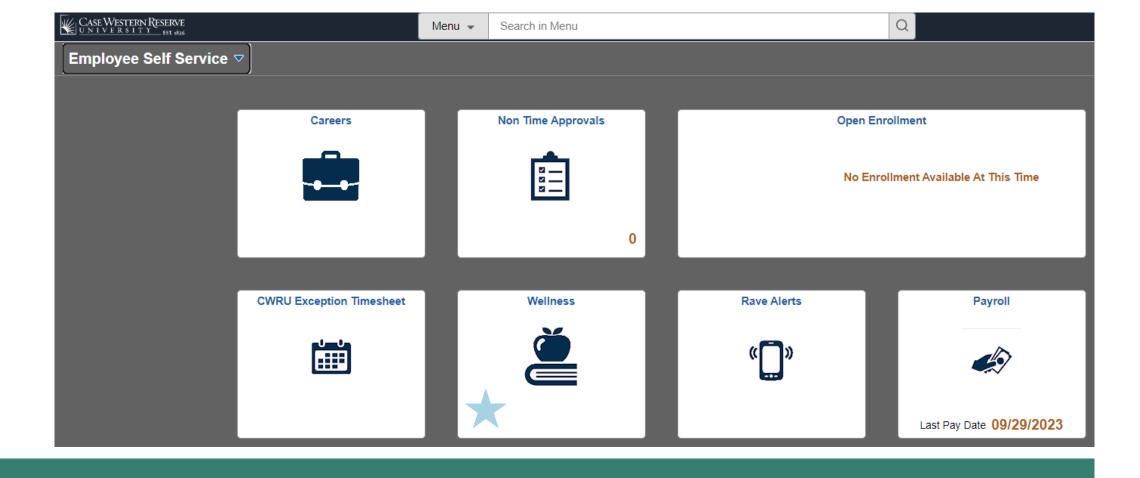
HCM Wellness Guide

How to verify that your wellness activities are complete

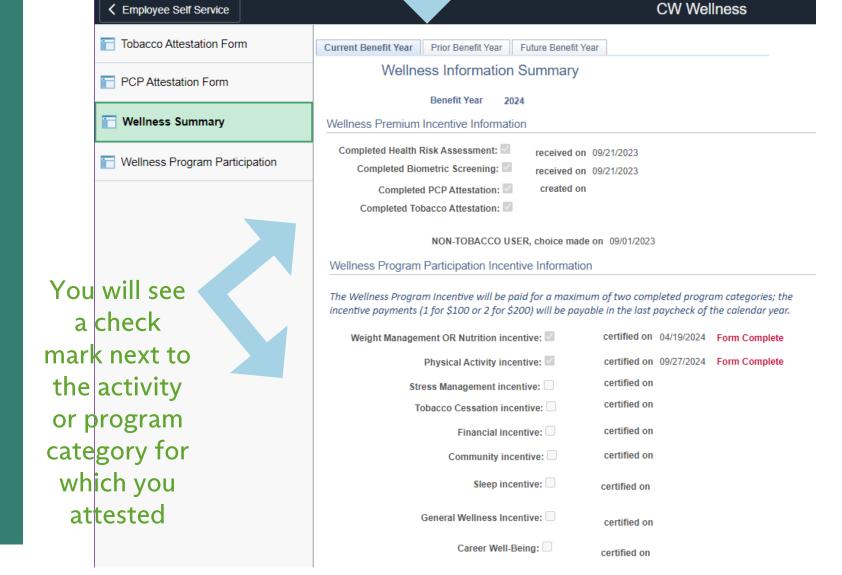


CASE WESTERN RESERVE UNIVERSITY



Log into HCM (hcm.case.edu) and select the "Wellness" tile

Verify that your activities are complete on the "Wellness Summary" page



Make sure you are looking at the

correct benefit year