

HCM Wellness Guide

How to verify that your wellness activities are complete



**CASE
WESTERN
RESERVE
UNIVERSITY**

Employee Self Service ▾

Careers



Non Time Approvals



0

Open Enrollment

No Enrollment Available At This Time

CWRU Exception Timesheet



Wellness



Rave Alerts



Payroll



Last Pay Date 09/29/2023

Log into HCM (hcm.case.edu) and select the “Wellness” tile

Verify that your activities are complete on the “Wellness Summary” page

You will see a check mark next to the activity or program category for which you attested



Make sure you are looking at the correct benefit year

The screenshot displays the 'Employee Self Service' interface for 'CW Wellness'. The left sidebar contains a menu with 'Wellness Summary' highlighted in green. The main content area shows the 'Wellness Information Summary' for the 'Current Benefit Year' of 2024. It lists various wellness activities with checkboxes indicating completion status and dates. A note specifies that the wellness program incentive is payable in the last paycheck of the calendar year. The list of incentives includes Weight Management OR Nutrition, Physical Activity, Stress Management, Tobacco Cessation, Financial, Community, Sleep, General Wellness, and Career Well-Being.

Activity	Status	Received/Certified On	Notes
Completed Health Risk Assessment	<input checked="" type="checkbox"/>	received on 09/21/2023	
Completed Biometric Screening	<input checked="" type="checkbox"/>	received on 09/21/2023	
Completed PCP Attestation	<input checked="" type="checkbox"/>	created on	
Completed Tobacco Attestation	<input checked="" type="checkbox"/>		
NON-TOBACCO USER, choice made on 09/01/2023			
Wellness Program Participation Incentive Information			
<i>The Wellness Program Incentive will be paid for a maximum of two completed program categories; the incentive payments (1 for \$100 or 2 for \$200) will be payable in the last paycheck of the calendar year.</i>			
Weight Management OR Nutrition incentive	<input checked="" type="checkbox"/>	certified on 04/19/2024	Form Complete
Physical Activity incentive	<input checked="" type="checkbox"/>	certified on 09/27/2024	Form Complete
Stress Management incentive	<input type="checkbox"/>	certified on	
Tobacco Cessation incentive	<input type="checkbox"/>	certified on	
Financial incentive	<input type="checkbox"/>	certified on	
Community incentive	<input type="checkbox"/>	certified on	
Sleep incentive	<input type="checkbox"/>	certified on	
General Wellness Incentive	<input type="checkbox"/>	certified on	
Career Well-Being	<input type="checkbox"/>	certified on	