You don’t have to be at a traumatic event to be affected by it

Wednesday, November 14
12:00-1:00 pm
Mandel Center room 108

The Center on Trauma and Adversity faculty affiliates will discuss what vicarious and secondary trauma are, signs and symptoms of when you may be experiencing vicarious and secondary trauma, and how to address vicarious and secondary trauma through self-care practices.

This event is open to all CWRU students, faculty and staff.

For more information and to register:
http://cglink.me/r439231